

## Democrats Claim Victories in Local Elections

### General Assembly stays in the red.

BY ANDREA WORKER  
THE GAZETTE

“We didn’t win the war tonight, but we did come out ahead in some of the important local battles, and that’s a good start.” That was Roger Kline’s take on the results of the elections for Virginia’s General Assembly, Fairfax County Board of Supervisors, and School Board members. Kline was one of hundreds that gathered at The Waterford at Fair Oaks for the Fairfax Democratic Committee’s Election Watch Party on Tuesday night.

Although the doors to the Watch Party opened at 7 p.m. just as the polls were closing, things didn’t really get underway until closer to 9 when the faithful and those they supported began to arrive in earnest.

Monitors in the corners of the room were constantly surrounded by attendees checking the latest results.

“It’s enough to give you an ulcer,” said Aida Lee, referring to the see-sawing numbers that were coming in early on for Del. Kathleen Murphy (D-34) whose district includes part of Loudoun County, and Great Falls, McLean, Wolftrap and Langley in Fairfax County. When 100 percent of the votes were finally reported, Murphy was leading her opponent Craig Parisot, whom she had previously defeated for the seat in a special election. But with a winning margin of less than 200 votes, less than one percent, election officials plan to review the votes on Wednesday to determine if a recount will be called for.

**THE ‘WAR’** that was not won on Tuesday was the Democrats’ fight to gain control of the Virginia Senate. Prior to the election

SEE DEMOCRATS, PAGE 9



Mount Vernon Supervisor-elect Dan Storck (left) meets with outgoing Supervisor Gerry Hyland (D-Mount Vernon) on election night outside Stratford Landing Elementary School.

### Storck Elected District Supervisor

With almost 57 percent of the vote Mount Vernon School Board member Dan Storck defeated businesswoman and Republican Jane Gandee.

Storck’s victory maintains the status quo in terms of party representation on the board: A Democrat, he replaces outgoing Democratic Supervisor Gerry Hyland who served for nearly three decades.

“I am humbled and honored to be elected the next Mount Vernon Supervisor of Fairfax County,” Storck said in a statement. “I have been privileged to serve this community for the past 12 years as a member of the School Board and I’m invigorated by the potential ahead: revitalizing the Route 1 corridor, increasing economic opportunities through-

out the district, fighting to extend Metro’s Yellow Line, empowering seniors, standing up to predatory lenders and so much more.”

Gandee responded to the outcome: “The people of Mount Vernon have made their choice to continue on the path we are on in our district.

I have the utmost respect and gratitude for the many people who advised and supported me in my race for supervisor.

I wish Dan Storck the very best in his new role.”

“I congratulate Jane Gandee on a hard-fought campaign,” Storck said, “and hope to use the following months to bring our community together.”

— TIM PETERSON

### Surovell Victorious in 36th Senate District

Del. Scott Surovell (D-44) will be switching to the Senate side of the capitol building in Richmond, after he defeated Republican challenger Jerry Foreman for the 36th District senator job. Foreman finished with 3,684 votes, over 31 percent, to Surovell’s 7,934 votes, over 68 percent.

The open seat has been held by retiring Democrat Toddy Puller since 1999.

Surovell credited the victory to running a “grassroots-based, volunteer-powered operation, based on local issues.

“The 36th District consists of the entire Route 1 corridor, from Alexandria to Stafford,” he said. “There are a lot of common issues, areas of concern among voters.”

Throughout his campaign, Surovell has stressed his goals to extend the Metro Yellow Line south into Hybla Valley and the Blue Line to Prince William County, as well as making major investments in secondary education such as lowering class size and getting digital devices in the hands of every student.

He has also been outspoken about removing car title lenders from Route 1 and expanding Medicaid in Virginia.

“I thought that the focus I’ve put on those issues in the last six years, that I’ve campaigned on going forward, resonated a lot with the voters,” he said.

Surovell’s opponent Jerry Foreman did not respond to requests for an interview prior to press time.

The Democrat managed to hold a Senate seat for the party on a night when Republican incumbents won in numbers sufficient to maintain their control of that body.

SEE SUROVELL, PAGE 5

## Fairfax Republicans Celebrate the Victorious And honor the defeated.

BY TIM PETERSON  
THE GAZETTE

Supervisor John Cook (R-Braddock) said he much preferred this night to the one when he was elected to his first term. A close race with his opponent meant waiting around until late into the evening. This year, Cook defeated Democrat Janet Oleszek by a more handy margin of about six percent of the vote.

“Local government is about being the level closest to the people,” Cook said, as the first speaker at the Fairfax County Republican

Committee election results viewing party. “It’s about getting things done, the right way.” The party was held Nov. 3 at the Fairview Marriott hotel in Falls Church.

Cook attributed his victory to having a full term to “do a lot of work,” including work with Chairman Sharon Bulova and Sheriff Stacey Kincaid on a “Diversion First” program to help prevent people with mental illness from ending up in the Adult Detention Center without prior mental health evaluation, work raising awareness and developing resources for victims of domestic vio-

lence, and working with community leaders.

“People have shown appreciation for that, and I’m very thankful,” Cook said.

Incumbent Supervisor Pat Herry (R-Springfield) recorded a more lopsided victory in his race against Independent Green candidate Corazon Foley. He spoke about continuing to push “the message of transparency from our government” and working with the School Board during his next term.

Arthur Purves was unsuccessful in challenging incumbent Board of

Supervisors Chairman Sharon Bulova.

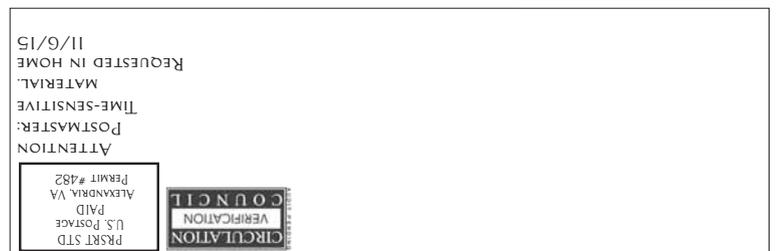
At the podium, he described himself as “marching to a different drummer.”

Jennifer Chronis came closer to knocking off her incumbent oppo-

nent John Foust for Dranesville District Supervisor, however still trailed by about eight points at the end of the night.

“I’m not going away,” Chronis said she told Foust when she called

SEE GOP, PAGE 3





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**Alexandria \$1,165,000**

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**Jefferson Park \$992,500**

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**Beverly Hills \$899,900**

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**Alexandria \$859,900**

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**Rosemont \$649,000**

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**Alexandria \$929,000**

Stately colonial in water-privileged neighborhood featuring gourmet kitchen, two-car garage on a lovely half-acre landscaped lot. Large rear deck, new carpet. Boat slips available! 9324 Mount Vernon Circle

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**Alexandria \$497,000**

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**Beverly Hills \$765,000**

Corner lot! 5-bedroom, 3-bath Cape Cod. Features include a main level master & bath; fireplace in living room; a finished lower level with family room, guest bedroom and bath; large lot; fenced rear yard; and a driveway. Mature landscaping. 3000 Edgehill Dr.

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**Alexandria \$212,500**

Walk to Shirlington from this sun-filled, 12th-floor condo with tree-top views from every room, granite kitchen, big living/dining room with sliding door to balcony, updated bath, huge bedroom, 2 walk-in closets, pool, tennis. 1225 Martha Custis Drive #1201

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PHOTOS BY TIM PETERSON/THE GAZETTE

**Election officers Lynda Hergenrather, Peggy McLeland and Phil Gbur of Mount Vernon sign in voters as they enter the West Potomac High School polling location.**

## Voting: 'Slow But Steady'

**D**oris McBryde of Mount Vernon had a simple goal as chief election officer at the West Potomac High School polling center: "Get people to vote, as expeditiously as possible."

McBryde began serving as an election officer in 2008 and progressed up the ranks to become chief. Improving voter experience is a primary objective, she said, so voters feel positive and encouraged to come back and vote again.

"Any time we don't have 100 percent turnout," McBryde said on Nov. 3, "I'm slightly disappointed."

The location of the voting site within the school changed for 2015 from previ-

ous years, to a classroom on a different end of the school so voters can enter from one door and exit directly outside from another. It also provides better access for voters with physical handicaps.

McBryde had assistance from election page Elham Mohaba, a sophomore at Thomas Edison High School. Mohaba signed up through her government class and is considering going into politics later in life.

"We talked about the importance of local elections," McBryde said. "This is your sidewalks, your schools, your parks."

— TIM PETERSON



**West Potomac High School chief election officer Doris McBryde of Mount Vernon (left) goes over polling location guidelines with election page Elham Mohaba (right) a sophomore at Thomas Edison High School.**



**Supervisor Gerry Hyland (D-Mount Vernon, right) thanks election officer Tracy Powell (left) of Mount Vernon for serving at the West Potomac High School polling location.**

## Fairfax County Election Results

Unofficial results as of Wednesday morning, Nov. 4, 2015.  
\* indicates incumbent

Candidate	Votes	Percentage
<b>Fairfax County Commonwealth's Attorney</b>		
Raymond F. Morrogh* (D)	141,601	96.78%
Unopposed		

Candidate	Votes	Percentage
<b>Fairfax County Sheriff</b>		
Stacey Ann Kincaid (D)*	107,610	57.96%
Bryan A. "B. A." Wolfe (R)	77,609	41.80%

Candidate	Votes	Percentage
<b>Fairfax County Clerk of the Court</b>		
John T. Frey (R)*	86,623	48.01%
Bettina Mary Lawton	83,111	46.07%
Marisa R. Wissar (I)	10,252	5.68%

Candidate	Votes	Percentage
<b>Soil and Water Conservation Director Northern Virginia District</b>		
Top three take office		
George W. Lamb IV*	94,260	30.71%
Gerald O. "Jerry" Peters*	93,140	30.35%
Scott John Cameron	90,714	29.55%
Stephen L. Pushor	26,640	8.68%

Candidate	Votes	Percentage
<b>Fairfax County Chairman of the Board of Supervisors</b>		
Sharon S. Bulova (D)*	111,124	59.84%
Arthur G. Purves (R)	63,209	34.04%
Glenda Gail Parker (I)	10,890	5.86%

Candidate	Votes	Percentage
<b>Fairfax County Public School Bond</b>		
\$310 million for new sites, new buildings or additions, renovations and improvements to existing buildings, and furnishings and equipment, for the Fairfax County public school system.		
Yes	138,296	74.27%
No	47,911	25.73%

Candidate	Votes	Percentage
<b>Fairfax County Public Safety Facilities Bond</b>		
\$151 million for construction, reconstruction, enlargement, renovation and equipment of civil and criminal justice facilities, police training facilities and stations, fire and rescue training facilities and stations.		
Yes	136,176	73.20%
No	49,850	26.80%

Candidate	Votes	Percentage
<b>Board of Supervisors, District Members</b>		
Braddock District		
John C. Cook (R)*	12,082	51.60%
Janet S. Oleszek (D)	10,675	45.59%
Carey C. Campbell (I)	610	2.61%

Candidate	Votes	Percentage
<b>Dranesville District</b>		
John W. Foust (D)*	14,807	53.92%
Jennifer C. Chronis (R)	12,615	45.94%

Candidate	Votes	Percentage
<b>Hunter Mill District</b>		
Catherine M. Hudgins (D)*	17,235	94.33%
Unopposed		

Candidate	Votes	Percentage
<b>Lee District</b>		
Jeffrey C. McKay (D)*	12,792	96.89%
Unopposed		

Candidate	Votes	Percentage
<b>Mason District</b>		
Penelope A. "Penny" Gross (D)*	9,196	57.22%
Mollie A. Loeffler (I)	6,785	42.22%

Candidate	Votes	Percentage
<b>Mount Vernon District</b>		
Daniel G. "Dan" Storck (D)*	11,714	56.85%
Jane R. Gandee (R)	8,841	42.91%

Candidate	Votes	Percentage
<b>Providence District</b>		
Linda Q. Smyth (D)*	13,134	95.46%
Unopposed		

Candidate	Votes	Percentage
<b>Springfield District</b>		
Patrick S. "Pat" Herrity (R)*	18,204	80.56%
Corazon S. Foley (I)	4,226	18.70%

Candidate	Votes	Percentage
<b>Sully District</b>		
Kathy L. Smith (D)	11,200	51.76%
John P. Guevara (R)	10,382	47.98%

Candidate	Votes	Percentage
<b>Fairfax County School Board at Large</b>		
Top Three Take Office		
Ilyyong Moon*	83,983	17.13%
Ryan L. McElveen*	83,051	16.94%
Jeanette M. Hough	80,006	16.32%
Theodore J. "Ted" Velkoff*	74,803	15.26%
Robert E. "Bob" Copeland	74,509	15.20%
Manar A. Jean-Jacques	57,102	11.65%
Peter M. Marchetti	12,903	2.63%
Omar M. Fateh	11,822	2.41%
Burnette G. Scarboro	10,617	2.17%

Candidate	Votes	Percentage
<b>School Board District Candidates Braddock District School Board</b>		
Megan O. McLaughlin*	14,147	75.38%
Katherine A. Pettigrew	4,205	22.41%

Candidate	Votes	Percentage
<b>Dranesville District School Board</b>		
Jane K. "Janie" Strauss*	14,075	54.29%
Peter Kurzenhauser	11,781	45.44%

Candidate	Votes	Percentage
<b>Hunter Mill District School Board</b>		
Pat M. Hynes*	12,951	61.30%
Mark S. Wilkinson	8,116	38.41%

Candidate	Votes	Percentage
<b>Lee District School Board</b>		
Tamara J. Derenak Kaufax*	11,759	96.34%
Unopposed		

Candidate	Votes	Percentage
<b>Mason District School Board</b>		
Sandra S. Evans*	11,975	96.60%
Unopposed		

Candidate	Votes	Percentage
<b>Mount Vernon District School Board Open Seat</b>		
Karen L. Corbett Sanders	11,915	61.81%
W. Anthony Stacy	7,319	37.97%

Candidate	Votes	Percentage
<b>Providence District School Board</b>		
Dalia A. Palchik	9,293	58.22%
Patricia S. "Patty" Reed*	6,594	41.31%

Candidate	Votes	Percentage
<b>Springfield District School Board</b>		
Elizabeth L. Schultz*	18,933	97.60%
Unopposed		

Candidate	Votes	Percentage
<b>Sully District School Board Open Seat</b>		
Thomas A. Wilson	10,242	50.38%
Karen A. Keys-Gamarra	10,041	49.39%

## Republicans Celebrate

FROM PAGE 1

to congratulate him on the victory. "I'm proud of the race we ran and the issues we discussed."

The surprise of the night was Fairfax resident and Republican Jeanette Hough finishing ahead of incumbent Ted Velkoff for the third at-large seat on the Fairfax County

School Board.

Craig Parisot was shown to have finished about a point behind Democrat Kathleen Murphy for the 34th District House of Delegates seat, but a representative from the Republican committee reminded members of the audience there would be a final tally taking place first thing in the morning.



PHOTO BY TIM PETERSON/THE GAZETTE

**Clerk of the Court incumbent John Frey called his re-election a "sweet victory" at the Fairfax County Republican victory party.**

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## NEW PRICE



**Alexandria/ Yates Gardens \$775,000**  
**719 S. Royal Street.** Sensational addition to this solid brick circa 1940 town home. Skylit family room adjoins renovated kitchen and opens onto private brick-walled patio garden.  
**Diann Hicks-Carlson 703-628-2440**



**Alexandria/Montebello \$750,000**  
**5901 Mt. Eagle Dr 1617 & 1618.** Rarely-available 4 BR/3 BA Penthouse (2,545 SF) w/great views of the Potomac, National Harbor, sunrises & sunsets from 3 enclosed balconies. Elegantly and fully renovated within the last five years, including kitchens & baths, flooring, windows; architectural details throughout. Montebello features indoor & outdoor pools, 24/7 security, café, shuttle to Metro, tennis; pet-friendly; 35+ wooded acres. Financially secure with \$7.3 M in reserves & never a special assessment!  
**Cindy Baggett 703-593-1418 & Leslie Rodriguez 703-400-3010**

## OPEN SUNDAY, NOV. 8 • 1-4 PM



**Alexandria/Plymouth Haven \$699,900**  
**1111 Potomac Lane.** Huge Price reduction to \$699,900! Drawing will be held at the end for \$100 gift card! This 5 bedroom has a new kitchen and baths, garage, addition and rec room. Come win!  
**Fred & Susan Smith 571-215-3733**



**Alexandria/Watergate of Old Town \$599,000**  
**1056 North Royal Street.** Enjoy carefree living in this totally renovated 2 bedroom, 2 bath turnkey town house condo with garage parking. Tucked away in a quiet courtyard just a couple of blocks from the river, shops and restaurants. Open concept main level with fabulous new kitchen, dining area and living room with fireplace. All exterior maintenance is included in condo fee!  
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## NEW PRICE



**Alexandria/Fort Hunt \$595,000**  
**1203 Falster Rd.** Fabulously updated home with sun-filled kitchen & open main level. Easily put tables from bay windows to sunroom to seat up to 20 for the holidays. Short walk to Waywood Elementary. Spacious lower level w/guest room/rec room, fireplace, open area & full bath/jetted tub. A huge .43 acre lot with flat backyard, large shed, stone outdoor oven & patio.  
**Greg & Joni Koons 703-209-7277**

## OPEN SUNDAY, NOV. 8 • 1-4 PM



**Alexandria \$549,000**  
**310 A Clifford Ave.** Fabulous Del Ray town house with 1 car off-street parking. Features include: 2 bed, 1 bath, open floor plan, updated kitchen and bath, finished LL family room, flagstone patio, raised garden, and backyard with picket fence. Convenient to shops, restaurants, pharmacy and weekend Farmer's Market on Del Ray's vibrant Mount Vernon Avenue.  
**Bobi Bomar 703-927-2213**



**Alexandria/Kings Highway \$500,000**  
**3506 Groveton St.** ALL NEW house in 2010. Stunning 3 BR w/almost half acre of land! New kitchen w/SS appl, cherry 42" cabinets, top grade granite. Great room AND family room with exposed brick wall. New baths! New HW floors. New windows & HVAC. Fenced HUGE flat yard! Designer paint. Walk to Groveton Heights Park.  
**Julie Hall 703-786-3634**

## NEW LISTING



**Alexandria/Temple View \$499,900**  
**6706 Oak Drive, Alexandria VA 22306.** Adorable Cape Cod on 1/2 acre in Fairfax County. 4 bedrooms, fireplace. Freshly painted, new carpet. Close to Metro, Fort Belvoir, Old Town, D.C., National Harbor.  
**Michelle Zelsman 202-390-8714**



**Alexandria/Potomac Yard \$448,800**  
**181 East Reed Avenue.** METRO COMING! Instant equity - Metro in Potomac Yard - soon! Meanwhile, enjoy sleek, urban living in the Preston. Your home has 2 BR/2 BA, with spacious en suite master. Dramatic espresso floors, surround sound and recessed lighting. Open floor plan, 11' ceilings, corner unit w/huge windows and balcony. Gourmet kitchen w/granite counters, gas stove. Catch views & fireworks from rooftop deck. GARAGE SPACE + visitor parking! Close to D.C., Old Town. Come see!  
**Barbara Rosen 703-407-6481**



**Alexandria/The Pinecrest \$399,000**  
**6565 Medinah Lane.** Lovely 2 bedroom town house w/large finished basement, deck, fenced-in patio, fireplace, new roof and appliances, over 1,600 sq ft. Great price, complex and commute.  
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**Alexandria House \$2,600**  
**400 Madison St #2005.** COMMUTER'S DREAM! 1 BR, 1 BA. Two lights to D.C. 20TH FLOOR VIEWS OF POTOMAC AND D.C. from all rooms. Each has a wall of floor-to-ceiling windows with access to the 35-ft. balcony. Grills allowed. Abundant storage, Master designer closet, hardwood floors, open kitchen. Steps to amenities of Old Town, Metro, Trader Joe's, Harris Teeter, health club. Assigned garage parking. 24/7 concierge/security. Join our lovely vertical village. Rent \$2,600.  
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# Surovell Defeats Foreman

FROM PAGE 1

"I was disappointed that the Senate's not going to reflect the electorate of Virginia," Surovell said. "Until voter turnout in these off-year elections starts to reflect the actual population of the state, we're going to continue to have a body that looks like our electorate of about 20 years ago."

Surovell said he supports fewer restrictions on absentee voting, photo identification requirements and forcing voters to always cast ballots within one 13-hour window on a Tuesday in November.

"Voting in Virginia is not easy," he said. "I think people in power try to make voting as difficult as possible, to try to maintain control. Hopefully we can continue to chip away at that."

— TIM PETERSON

## Virginia Senate Results

Unofficial results as of Wednesday morning, Nov. 4, 2015.  
\* indicates incumbent

Candidate	Votes	Percentage
<b>District 30</b>		
Adam P. Ebbin (D)*	27,207	76.72%
J. Ron Fisher (I)	7,420	20.92%

<b>District 36</b>		
Scott A. Surovell (D)	18,279	60.48%
Gerald M. Foreman II (R)	11,884	39.32%

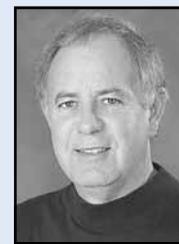
## House of Delegates

Unofficial results as of Wednesday morning, Nov. 4, 2015.  
\* indicates incumbent

Candidate	Votes	Percentage
<b>District 42</b>		
David B. Albo (R)*	10,832	63.37%
Joana C. Garcia (D)	6,241	36.51%

<b>District 44</b>		
Paul E. Krizek (D)	9,595	94.71%
Unopposed		

<b>District 45</b>		
Mark H. Levine (D)	15,987	95.08%
Unopposed		



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**Alex./Sunny View \$390,000**  
**3411 Sunny View**  
This wonderful, all-brick rambler with vaulted, exposed beam ceilings, is bursting w/charm & character. Beautiful hwd floors, 6-panel interior doors, freshly painted interior, all maintained meticulously by its owners, makes this the perfect starter home. Combine this w/a beautiful lot, detached garage/workshop & you have a total winner. 5 mins to Ft. Belvoir (S), 15 mins to OldTown, Alex (N), an ideal location & a very affordable price. Turn-key, ready for you!



**Alex./Stratford Landing \$529,900**  
**2403 Cavendish Drive**  
Lovely 3 BR, 2.5 BA Colonial bursting w/charm - wood flrs under quality carpeting on main & upper levels. Spacious eat-in kitchen w/beautiful oak cabinets & Corian counters - upgraded baths. Family rm & den along with workshop/utility rm on lower level. Tons of storage in both floored attics w/pull-down stairs. Lovely screened porch/carport overlooks a deck & beautifully landscaped & fenced bkdy. Quality home for an attractive price - minutes to Ft. Belvoir (S) & Old Town, Alex (N).



**Alex./Riverside Est. \$699,900**  
**8425 Mt. Vernon Highway**  
Beautiful home w/over 4,000 sq ft & 2-lvl addition in lovely Riverside Estates. Great rm on main lvl w/gas fpl & wet bar. Adjacent family rm w/wood-burning fpl. An office adjoins the gorgeous 20' x 32' master bedrm addition w/vaulted Douglas Fir ceiling & skylights. Library/studio on upper lvl addition. Both HVAC systems. HWH & roof replaced 2011. Close to Fort Belvoir.



**Alex./Mt. Vernon Woods \$449,900**  
**4006 Buckman Road**  
Builders: Beautiful .73 acre lot, zoned R-3. Dominion Surveys has done preliminary survey report for subdivision which can be e-mailed upon request - looking for quick sale/settlement and priced the property accordingly.



**Alex./Windsor Estates \$420,000**  
**6500 Windham Avenue**  
Beautifully renovated, 2-level Rambler w/2,200 sq ft, 4 BRs, 2 BAs & finished lower level with walkout, on a huge .61 acre lot. Freshly painted, refinished hwd floors on main level, new carpet on lower level, renovated kitchen & baths & new interior doors. Solid home w/tons of storage, 2 workshops & great community! Great location - Close to Kingstowne Center, Springfield Mall & Fort Belvoir. Walk to Springfield Metro.



**Alex./Sulgrave Manor \$512,000**  
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### OPEN HOUSE

Tuesday, November 10, 7 - 8 p.m.

### PARENT INFORMATION SESSION

"ELEMENTARY OVERVIEW"

Thursday, November 19, 7 - 8:30 p.m.

8334 Mount Vernon Hwy, Alexandria, VA 22309  
(703) 780-8484



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Mount Vernon Gazette

## 2<sup>ND</sup> ANNUAL CLIFTON CHARITY HOME TOUR



Saturday, November 7<sup>TH</sup>, 10am to 4pm

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## VIEWPOINTS

### Why was it important to you to come out and vote today?

#### Evans Appiah of Mount Vernon

"These guys decide how resources are shared, apportioned. School resources is an important issue for me. Your no or yes makes a big difference."



#### Carl A Dutzman of the Bucknell area of Mount Vernon

"I vote every year, every year there's an election. It's our responsibility, and it doesn't matter which party, I vote for the character, the person, their background. Fairfax County has to get their tax code together. We can't keep borrowing money if we don't have it. We need people who have some concept of you can't have every wish granted."



#### Christine Poulson of the Belle Haven area of Mount Vernon

"It's everyone's right to do it. That's my say. And I'm here to cancel out my husband's vote."



PHOTOS BY  
TIM PETERSON  
THE GAZETTE

"The Hermitage is where I've finally found my family."  
—Helena Scott

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Alexandria, VA  
22314





**Kiwanis in Action**

Joanne Malkin, president of Mount Vernon Kiwanis, presents a \$1,000 check to PRS (Psychiatric Rehabilitation Services). From left are Chamise Alston, supervisor of PRS; Elizabeth Koestler, PRS; Wendy Gradison, CEO of PRS; and Greg Price, PRS.

PHOTOS CONTRIBUTED



Joanne Malkin (left), president of Mount Vernon Kiwanis, presents a \$1,000 check to Good Shepherd Housing Director David Levine.



Joanne Malkin, president of Mount Vernon Kiwanis, presents a \$500 check to Pam Michell of New Hope Housing.

**The Meehan Team**

Steve and Christy Meehan  
Joe Bavaria and Colleen Pavlick  
For more information, call us!  
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**NDI Special Event THIS WEEKEND**

**Saturday, November 7th from 2 p.m. to 4 p.m.**



**"The Chesterbrook Craftsman"**

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- Meet the Site Contractor**

We will be on hand to answer your questions about building on your lot! Don't miss this opportunity!

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## St. Louis Catholic School OPEN HOUSE

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Preschool registration begins February 2016



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*St. Louis Catholic School admits students of any race, color and national origin.*

## OBITUARIES

### Howie Bowdring

Howie Bowdring unexpectedly died of cardiac arrest during a Masters swimming practice on Wednesday, Oct. 28, 2015.

Howie served on the board of Fort Hunt Little League, Stratford Recreation Association and Stratford Landing Citizens Association. He coached and umpired both baseball and basketball for Fort Hunt. He often worked family nights at the neighborhood pool and never said no when asked to volunteer.

In lieu of flowers, contributions may be made to the Fort Hunt Youth Athletic Association at FHYAA, PO Box 6031, Alexandria, VA 22306.

Howie was predeceased by his mother, Mary Bassette Bowdring and two sisters, Maryann Bowdring and Arline Bowdring.

He is survived by his father, Howard P Bowdring, Sr.; and his wife of 28 years, Stacy Ferlmann Bowdring.

Loving father of Shannon M. Bowdring, Molly A. Bowdring and Patrick T. Bowdring; brother of Michelle Bowdring Shaw, Katherine Bowdring, Nancy Bowdring Mino, William Bowdring, Patricia Bowdring Gordon and Elizabeth Bowdring. Uncle to 14 nieces and nephews.

A Mass of Christian Burial was offered on Tuesday, Nov. 3, 2015 at Good Shepherd Catholic Church, 8710 Mount Vernon Memorial Highway, Alexandria.



### Beatrice S. Keen

Beatrice S. Keen, 97, died on Oct. 6, 2015 at her daughter's home in Pennsylvania. She was born in Raleigh, N.C. but moved to the Alexandria area as a young woman. She retired from the U.S. Postal Service in 1981.

She was a founding member of the Hollin Hall Senior Center and volunteered there for many years. She remained active at the senior center for many years before moving in with her daughter over the summer. She had a large network of friends, family and volunteers who helped her remain in her beloved Tauxemont home for as long as she was able.

She is survived by three children: Pat Bellanca (Joe) of Pennsylvania, John Keen of Florida, and Toni Gavin (Mike) of South Dakota as well as numerous grand children and great grand children. A memorial mass will be held at Good Shepherd Catholic Church, 8710 Mount Vernon Highway, Alexandria on Friday, Nov. 13, at 10:30 a.m.



#### VOLUNTEERS NEEDED

**United Community Ministries** seeks volunteers to act as food pantry assistants, basic needs counselors, youth tutors and mentors, office admin/data entry, community outreach, ESL teachers and co-teachers, and teacher aides. Visit [www.ucmagency.org/volunteer-at-ucm.html](http://www.ucmagency.org/volunteer-at-ucm.html).

## Alexandria Film Festival 2015

November 5-8

**AMC HOFFMAN CENTER 22 | BEATLEY CENTRAL LIBRARY**  
Join us to celebrate the art of independent film.  
More than 60 films from 17 countries. Meet the filmmakers.  
Awards ceremony Nov. 8. Vote for your favorite!  
For schedule and ticket information, visit: [AlexandriaFilm.org](http://AlexandriaFilm.org)  
Special thank you to **Mount Vernon Gazette**

## Exceptional Schools for Exceptional Students School Fair

Showcasing the many wonderful school choices available to families of children with learning differences. Find out about individualized programs that will help your child thrive both academically and socially.

**Sunday, November 8, 2015 • 11:00am-2:00pm**  
**Katzen Art Center, American University @ Ward Circle**  
Massachusetts Ave and Nebraska Ave NW DC

Sponsored by  
The American University School of Education, Teaching and Health  
Parking is FREE in the Katzen Center • Tenleytown Metro on the Red Line

Admission is FREE and Open to the Public

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Chelsea School	Kingsbury Day School	The Nora School
The Children's Guild	The Lab School	Oakland School
Commonwealth Academy	Landmark School	Oakwood School
The Diener School	The Leelanau School	Parkmont School
Eagle Hill School	The Maddux School	PHILLIPS Programs
The Frost School	Maryland Association of Nonpublic Special Education Facilities	The Siena School
The Gow School	Middlebridge School	Wye River Upper School
The Ivymount School	National Child Research Center (NCRC)	
The Katherine Thomas School		
Kennedy Krieger School: Montgomery County Campus		

**For more information, please contact:**  
**Bekah Atkinson** at 301-244-3600 • [exceptionalschoolsfair@gmail.com](mailto:exceptionalschoolsfair@gmail.com)  
[www.exceptionalschoolsfair.com](http://www.exceptionalschoolsfair.com)

# Democrats Claim Local Victories

FROM PAGE 1

Republicans held the majority, 21-19. Because of the tie-breaking powers of democratic Lt. Gov. Ralph Northam, the Democrats only needed one more seat to gain control.

Democratic candidates prevailed in several hotly contested races, but at the end of the day the total numbers remained unchanged. With an overwhelmingly Republican House and a continued GOP "tilt" in the Senate, Gov. Terry McAuliffe and his party face uphill battles at every turn in their attempts to press forward their priorities, including gun safety regulations and the expansion of Medicaid in the Commonwealth.

Senate Minority Leader Richard Saslaw (D-35), who defeated his Independent Green Party opponent Terry W. Modglin 73.45 percent to 25 percent, addressed the crowd when he introduced the winning senators and delegates who were present at the Watch, telling them to not lose hope yet.

Saslaw said there's a chance that results from one Richmond-area race might be reviewed. "There's something not right with those numbers," he said, citing "unusually high" Republican turnout in Powhatan County.

**VICTORY BY** Jennifer Boysko in the 86th district was one of the "important local battles" that attendee Kline cheered. Boysko replaces retiring Republican Del. Tom Rust, defeating Danny Vargas (R). Boysko was greeted by thunderous applause as she joined her Assembly colleagues on stage. "It's already been an incredible learning experience," said Boysko, in an interview after the formal election result announcements had been made. "I've talked to literally thousands of people in my district, listening to what they need, what are their concerns," she added. "There's a lot to do, but education kept coming up as a real priority." Boysko said she is looking forward to the challenge ahead and hoped to become a part of a "civility caucus." "I think a lot more can be accomplished when we treat each other with dignity and respect."

Vargas, Boysko's opponent received large, late infusions of campaign money from Republicans, and had a total of \$705,323, which he spent mostly on mailers and TV commercials that were unflattering and critical of Boysko.

All eyes were also following the race in neighboring Prince William County between Harry "Hal" Parrish II and Jeremy McPike. McPike, who received personal support from Gov. McAuliffe at the polls on election day, beat Manassas Mayor Parrish by a margin of more than 16 percent.

Democrats also took the upper hand in the results for the Fairfax County Board of Supervisors. By re-electing all eight incumbents, including Chairman Sharon Bulova, and adding the Democratic candidates for the vacant seats in the Mount Vernon and Sully districts, the voters gave the board one more Democratic member than they had originally. When the new board takes of-



PHOTO BY ANDREA WORKER

**After much mingling and anxiously watching the election numbers as they came in, the crowd at the Democratic election watch party finally had the chance to cheer for those they were supporting.**

office in January, incumbents Pat Herrity of the Springfield District and John C. Cook from the Braddock District will be the only Republican members of the governing body of Virginia's largest jurisdiction. The Sully District seat, formerly held by Supervisor Michael Frey (R), was won by School Board member Kathy Smith (D) over Republican John Guevara. Another School Board member, Dan Storck, took the Mount Vernon Supervisor contest over Jane Gandee (R), replacing the retiring Gerry Hyland (D).

Democratic Fairfax County School Board election winners were also on hand at the event and took to the stage when introduced by Board of Supervisors Chairman Bulova. Ryan McElveen and Ilryong Moon retained their At-Large positions, while Ted Velkoff lost his seat to Republican-backed Jeanette Hough of Fairfax. Pat Hynes remains as the School Board member in the Hunter Mill District. Jane Strauss retains the position she has held for two decades for her Dranesville constituency. In the Sully District contest for School Board, Republican Tom Wilson was ahead of Karen Keys-Gamarra by about 200 votes.

**POLITICAL NEWCOMER** Dalia Palchik, the Providence District School Board member winner over incumbent Patty Reed, received the evening's most enthusiastic reception. When asked if it was possible that she knew every single person in the room in order to receive such a welcome, Palchik laughingly replied, "Could be." The young teacher said she "made a pilgrimage in the streets of Providence District" likening her journey to her experience on the famous pilgrimage route from France to the cathedral in Santiago de Compostela, Spain. Humbled by the response from the crowd, Palchik says she truly loves people and tries to show it when she meets them. "Less testing and more teaching" are battles cries for Palchik, who said she was ready to represent a diverse community "after I get just a little bit of sleep."

See Unofficial Election Results elsewhere in this paper.

A full list of all of the races and the results throughout Virginia are available at [www.results.elections.virginia.gov](http://www.results.elections.virginia.gov).



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Dir.: G.W. Parkway South from Old Town, right on Tulane & follow Partners Signs.



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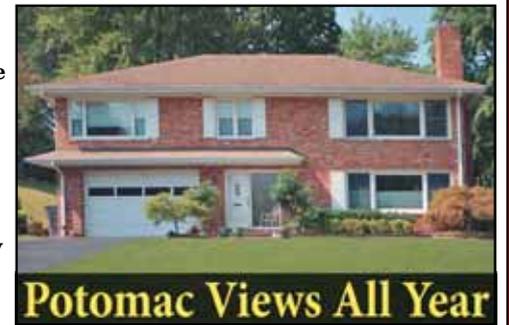
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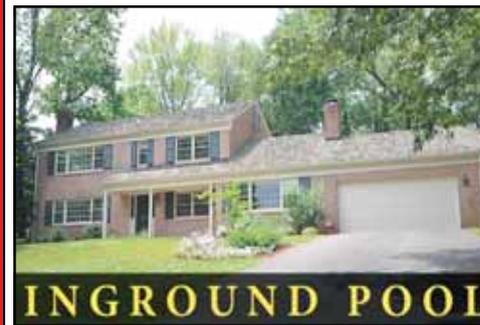
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**INGROUND POOL**



**1515 Grassmeade Lane**

# OPINION

## Coming: Children's Gazette 2015

### Get ready to send your submissions soon.

**D**uring the last week of each year, The Gazette devotes its entire issue to the creativity of local students and children. The results are always remarkable. It is a keepsake edition for many families. And even readers without children of that age spend time admiring and chuckling over the issue. The annual Children's Gazette is a tradition of well over a decade.

We publish artwork, poetry, essays, creative writing, opinion pieces, short stories, photography, photos of sculpture or gardens or other creative efforts.

We ask that all submissions be digital so they can be sent through email or delivered on CD or flash drive. Writing should be submitted in rich text format (.rtf). Artwork should be photographed or scanned and provided in jpeg format.

Some suggestions:

❖ Drawings or paintings or photographs of your family, friends, pets or some favorite activity. These should be photographed or scanned and submitted in jpeg format. Photos of sculpture or larger art projects are also welcome.

❖ Short answers (50 to 100 words) to some of the following questions: If you could give your parents any gift that didn't cost money what would that gift be? What are you most looking forward to in the upcoming year? What is one thing that you would change about school? What do you want to be when you grow up? What is your favorite animal? What is your favorite toy? What makes a good parent? What makes a good friend? What is the best or worst thing that ever happened to you? What is the best gift you've ever given? Ever received?

❖ Your opinion (50 to 100 words) about traffic, sports, restaurants, video games, toys, trends, politics, etc.

❖ Poetry or other creative writing.

❖ News stories from school newspapers.

❖ Photos and text about activities or events.

We welcome contributions from public and private schools, individuals and homeschoolers. To be published, we must have first and last name of the student. Please include the student's age and/or grade, school attended and town of residence.

Email submissions for the Children's Gazette to [gazette@Gazettenewspapers.com](mailto:gazette@Gazettenewspapers.com).

Identify each piece of writing or art, including the student's full name, age, grade and town of residence, plus the name of the school, name of teacher and town of school location. Please provide the submissions by Friday, Dec. 4.

To send CDs or flash drives containing artwork and typed, electronic submissions, mark them clearly by school and hometown and mail the CD or flash drive to Children's Gazette, 1606 King Street, Alexandria, VA 22314.

Please send all submissions by Dec. 4. The Children's Gazette will publish the week of Dec. 28, 2015.

You can see last year's editions by visiting [www.connectionnewspapers.com/PDFs/](http://www.connectionnewspapers.com/PDFs/) and scroll down to Children's Edition.

### EDITORIAL

### LETTERS TO THE EDITOR

## Hyland Fails To Endorse Citizen Board

To the Editor:

In April 2010, following the highly questionable, unjust and unprovoked shooting deaths of

several unarmed citizens by the Fairfax County police, the Virginia Citizens Coalition for Police Accountability, Inc. (CCPA) was incorporated in Virginia. Two of these tragic events occurred in the Mount Vernon District. They included the death of African-American Randall Leroy Rollins on May 13, 2007 and Vietnam veteran

David Alan Masters on Nov. 13, 2009. In both cases, there was no provocation or justification for these shootings. Since then, there have been at least one more such shooting death in the Mount Vernon District. The officers responsible for these deaths were not charged by their department with an act of misconduct. Com-

monwealth Attorney Ray Morrogh failed to charge these officers with a crime. Supervisor Gerry Hyland remained silent and took no action regarding these incidents. As a result, the CCPA proposed that the Fairfax County Board of Supervisors appoint a Citizen Complaint Oversight Board to investigate causes of alleged abuse or misconduct reported by citizens of Fairfax County and report its findings and recommendations to the Chief of Police and/or the Board of Supervisors. While a majority of the Board of Supervisors favor the CCPA's proposal, Supervisor Hyland has failed to support such a board. Board Chairman Sharon Bulova has indicated her support for an oversight board as does Chief of Police Edwin Roessler who is on the record saying he does not object to a Citizen Complaint Oversight Board. In addition, the recently appointed Ad Hoc Police Practices Commission recommends independent oversight of the police. Over a dozen local, state and national well-respected organizations have provided their written endorsement of a Citizen Complaint Oversight Board in Fairfax County. Currently, nearly 150 cities and counties in the U.S. have some form of citizen oversight of their police.

We wish to remind Supervisor Hyland there are approximately 185 boards, authorities and commissions in Fairfax County. None of them address the Fairfax County police. Such a board is desperately

SEE LETTERS, PAGE 11



PHOTO CONTRIBUTED

## Volunteering for UCM

During October, a team of employees from Hilton Alexandria Old Town volunteered at United Community Ministries (UCM) to help neighbors in need. Pictured after bagging up this month's USDA commodities for Basic Needs clients are Hilton employees (from left): Pat Benign, Audio Visual Manager; Elvia Maxwell, Human Resources Director; Ed Smith, Engineering; Ann Zhao, Hotel Starbucks Manager; Ben Specht, Restaurant Manager; and Chevanie Soerodinedjo, Front Desk. In addition to hands-on volunteering, Hilton employees are sponsoring a UCM Thanksgiving Food drive and collecting books and toys for the UCM Holiday Gift Room to bring joy to children in need. UCM welcomes groups and business teams of varying sizes to volunteer, with a variety of short- and longer term projects and activities. Volunteers are needed to help out at UCM's main office on Saturday, Nov. 14 for the annual Scouting For Food community drive. Email Volunteer Coordinator Marcos Castillo at [marcos.castillo@ucmagency.org](mailto:marcos.castillo@ucmagency.org).

## Mount Vernon Gazette

[www.MountVernonGazette.com](http://www.MountVernonGazette.com)

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A Connection Newspaper



# LETTERS

FROM PAGE 10  
needed.

Hundreds of our members, many are Mount Vernon District residents, disagree with Supervisor Hyland and have expressed their approval of an immediate appointment of a Citizen Complaint Oversight Board by the Board of Supervisors. Why doesn't Supervisor Hyland listen to his constituents? They are deeply troubled by his comment that "such a group may not be needed."

The Board of Supervisors should act on our proposal and appoint a Citizen Complaint Oversight Board in the near future as it will make Fairfax County a better and safer place for everyone. We urge you to contact your supervisors to make them aware of the need for a Citizen Complaint Oversight Board.

**Nicholas R. Beltrante**

Executive Director  
Virginia Citizens Coalition  
for Police Accountability, Inc.

## Apathy's Triumph

To the Editor:

As one who has voted in every election for which I've been eligible since I turned 18, I don't understand people who don't lift themselves off their couch, get into their car, drive to their polling place and vote. While I have always been active in the civic arena including in frequent letters published in this newspaper, and have supported candidates for office in past years from both major parties with financial contributions, this year I took on a more active role because transitions in office holders led me to believe it was important to elect the best candidates.

All four of the candidates I supported lost their races even though they were in my view the far superior choices based upon my assessment of their competence, character, work ethic, knowledge of the important issues and responsiveness to constituent concerns.

So who won? Actually, the question should be "What won?" because what won was apathy which in fact is a huge loss. Voter turnout was ridiculously low. For Supervisor, 20,555 people voted out of 70,379 registered voters, 29.2 percent. That over seven out of 10 eligible voters chose not to take part in our democratic process speaks ill of a populace that demands much out of our elected officials.

So to those 49,824 of you who sat out this one, I say to you don't complain when

the politicians others elected take decisions about which you strenuously disagree. When your newly minted supervisor advocates for a meals tax, don't complain, because the other candidate wouldn't have done so.

When your newly minted state senator opposes allowing home-schooled kids to participate in interscholastic activities and your home-schooled child can't gain acceptance into an elite university because he has no extra-curricular activities on his resume, don't complain, because the guy he defeated supported allowing your child to participate. And when you need to see your new Mount Vernon Board of Education representative to address an issue of concern regarding your child, well I could go on for pages about that choice, but suffice to say if I had children in our public schools yesterday, they would be home-schooled or in private school tomorrow.

Those who didn't vote decided yesterday's election, and it is a sad commentary on the Mount Vernon community, a community I love and where I chose to put down my roots decades ago. I'm feeling a little less love today.

**H. Jay Spiegel**

Mount Vernon

## Remember Veterans

To the Editor:

Next Wednesday, Nov. 11, we will celebrate Veterans Day — a day to honor and remember our fellow men and women who served in our nation's military forces to defend our freedom and make America great. Take a moment to say: "Thank you for your service" to all veterans you know and meet on this day.

In January 1945, at the age of 17 and a senior in high school, I joined the U.S. Navy and served aboard the USS Consolation (AH-15), a Navy hospital ship, as a medical corpsman. The Consolation was part of our Pacific Fleet to provide medical services to American service personnel. In March 1960, the Consolation was chartered to the People to People Health Foundation and was renamed SS Hope and traveled the world to assist needy people requiring medical assistance. It was retired in 1979.

I was proud to serve my country during the dark years of World War II.

**Nicholas R. Beltrante**

Mount Vernon

## Write

The Gazette welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors. Send to:

Letters to the Editor  
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1606 King St.  
Alexandria VA 22314  
Call: 703-917-6444.

By e-mail: gazette@connectionnewspapers.com

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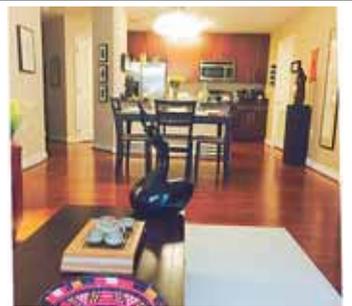
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**ALEX. / Plymouth Haven \$ 729,000 OPEN SUNDAY 1 - 4**

**1128 ALDEN RD** Tropical paradise with breathtaking landscaped salt water pool on a flat lot with backyard privacy fence. This Cape Cod is gorgeous inside with 4BR / 4 full BA, updated kitchen and baths. Walk to Ft Hunt Park, Mt Vernon bike/hike trail, ES. Commute via GW Parkway to Ft Belvoir, Old Town, airport, + more.



**Catherine Foltz 202.413.7774**  
**WOODBIDGE \$ 433,000**

**16292 JETTY LOOP** 3 level/4BR/2.5BA home with rare privacy-long driveway + off street parking and a 2-car garage. Eat-in kitchen with breakfast room. Unfinished basement has walk-out and rough-ins for wet bar/full bath. Covered back porch with tree views. Convenient to VRE, Rte 234, Quantico and Ft Belvoir.



**Klanci Vanderhyde 703.919.4460**  
**ALEXANDRIA / Mt Vernon \$ 399,900**

This is a feast for the eyes. Shows like a model and decorated by townner/interior designer. Beautiful interior appointments; hardwoods; open kitchen with cherry cabinets, SSA, center island and large breakfast room. Formal dining room flanked by columns. MasterBA with Jacuzzi, separate shower and more.



**Margaret Ruhe 703.599.7527**  
**ALEXANDRIA / Mt Vernon \$ 695,000**

2-story 4BR / 2.5BA Brick Colonial in cul-de-sac location sited on a large level private lot. Kitchen opens to family room with wood-burning fireplace leading to large deck. Office on main level. Master bedroom has walk-in closet, deluxe bath. Cedar roof. Sprinkler system. Close to Mt Vernon, Ft Belvoir and points north.



**Louise Devers 703.795.9944**  
**WOODBIDGE / Lake Ridge \$ 499,900**

Builder and owner upgrades in this 4BR/2.5BA including all new SS appliances and granite. Features include bay window in dining room, crown molding/chair rail, brick sidewalk, masterBA extra heat light and new shower door, and large deck. Wood-burning fireplace. 2-car garage. Unfinished full house basement.



**Janet Thomas 202.413.7774**  
**ALEXANDRIA / Ft Hunt \$ 625,000 OPEN SUNDAY 2 - 4**

**2000 ELKIN ST** Reduced, Motivated Owner! Stunning 4BR/3.5BA. Custom Colonial has open floorplan, upgrades throughout, vaulted ceilings, professionally landscaped lot surrounded by parkland.



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**9329 Mount Vernon Circle \$1,195,000**  
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**3719 Riverwood Rd \$709,000**  
**Fabulous Opportunity-Prestigious Riverwood!**  
Exceptionally attractive price for updated Colonial in premier riverfront community. Recent work including custom interior paint and beautifully refinished hardwood floors provide true "move-in" opportunity! Other features include main level family room w/fireplace & custom built-ins, bright white kitchen, 4 spacious bedrooms, thermal windows, 2 car garage. Gorgeous setting on large fenced lot. OPEN SUN 11/8, 1:00-4:00. GW Pky S, past Estate; L-Old Mt Vernon Rd; L-Riverwood.



**6036 Fort Hunt Rd \$799,000**  
**True Belle Haven Gem!**  
Classic Belle Haven Colonial in prime location on gorgeously landscaped grounds overlooking Belle Haven Country Club. Fabulous property carefully updated throughout in a manner which provides a delightful blend of the home's original character with many modern conveniences. Numerous features include 3 finished levels, updated kitchen and baths, hardwood floors, FP and garage. Private grounds with outdoor kitchen and brick patio. OPEN SUN 11/8, 1:00-4:00! GW Parkway S; R-Belle Haven; R-Fort Hunt.



**9429 Forest Haven Dr \$699,000**  
**Amazing New Price! Spectacular Contemporary!**  
Cross private bridge into wooded oasis of peace and tranquility! Stunning contemporary custom crafted with soaring cathedral ceilings and expansive glass walls to capitalize on uniquely beautiful environment. Home is in pristine condition and has been updated throughout including magnificent custom kitchen and baths. Prime location just steps from river in Yacht Haven Estates. Uniquely attractive property! OPEN SUN 11/8, 1:00-4:00! GW Pky S past Estate; L-Forest Haven.



**8708 Plymouth Rd \$1,499,000**  
**Classic American Four Square Design—Special Pre-Construction Price!**  
Best of both worlds—classic American Four Square exterior combined with stunning modern floor plan and amenities. Numerous features include open floor plan, high ceilings, top line kitchen and baths. Prime location on half acre level lot in popular Plymouth Haven. Pre-construction contract provides maximum opportunity to customize and discounted price!



**9408 Brambly Ln \$1,140,000**  
**New Home Feell**  
Builder's showcase home by Wakefield Homes, the area's leading custom builder. Home has striking open floor plan accentuated by high ceilings & large windows which bring light to every corner of the home. Fab features include 3 luxuriously finished levels, open kitchen-family room, spacious master suite. Treetop views from deck. 3 car garage. Impossible to duplicate at even close to this price!

**9408 Brambly Ln \$1,140,000**  
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**3232 Woodland Lane \$659,000**  
**Stunning Floor Plan!**  
Truly spectacular home, updated throughout in gorgeous setting on quiet wooded lane off GW Pkwy. Numerous fabulous features include 5BR, 3.5 updated baths, designer chef's kitchen with extensive cabinetry, granite counters, Viking fridge & 6 burner gas stove; family room with glass walls & high ceilings. Bucolic atmosphere on large lot with neighborhood water access.

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**8824 Stratford Lane \$949,000**  
**Best New Home Value in Stratford**  
Brand new Wakefield home soon to be finished on gorgeous quarter acre tract just off the GW Pkwy in prestigious Stratford Landing! Three finished levels, high ceilings, hand finished hardwood floors, luxurious master suite, gourmet kitchen with 42" cabinets and granite counters, full walk-out lower level & two car garage.

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**4831 Stillwell Ave \$549,500**  
**Absolutely Adorable!**  
Curb appeal abounds! Classic Cape in gorgeous setting on landscaped half acre lot in quiet neighborhood surrounded by country club grounds and parkland. Many features include 4 bedrooms, updated kitchen, hardwood floors, fireplace, thermal windows. Prime location offering quiet tranquil environment yet convenient to everything!

**4831 Stillwell Ave \$549,500**  
**Absolutely Adorable!**  
Curb appeal abounds! Classic Cape in gorgeous setting on landscaped half acre lot in quiet neighborhood surrounded by country club grounds and parkland. Many features include 4 bedrooms, updated kitchen, hardwood floors, fireplace, thermal windows. Prime location offering quiet tranquil environment yet convenient to everything!



**9312 Heather Glen \$599,000**  
**Stunning Opportunity!**  
**7107 Richard Casey Ct \$779,500**  
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**9312 Heather Glen \$599,000**  
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## WELLBEING

# Gearing up for Turkey Trot

**Local fitness experts suggest a training plan that will get you off the couch in time for Turkey Day.**

**Locate a Local Turkey Trot**

www.runningintheusa.com or  
www.runnersworld.com/race-finder

BY MARILYN CAMPBELL  
THE GAZETTE

When many of us are still in bed early Thanksgiving morning, Susan Colarco will be lacing up her shoes, joining a group of friends and getting ready to hit the road for the Arlington Turkey Trot as she has done for many years past.

"I've run this race more times than I can count and it's always a great time," said Colarco, a Road Runners Club of America certified running coach.

On a day as notorious for sloth and gluttony as it is for gratitude and family, hundreds of thousands of runners across the country pound the pavement to raise money for charity, burn off calories and spend time with friends in what have become known as turkey trots.

Running USA, a non-profit organization for the running industry, reports that the number of people entering races on Thanksgiving Day now surpasses those who race on July 4th.

"[These races] are a great opportunity to get outside, do something in the community and stay active to counter the cold weather and extra helpings of mashed potatoes," said Colarco, who also works as a coach for True Health and Wholeness in Arlington.

While Colarco and her running mates train year-round, there's still time to get in shape and choose a turkey trot this year.

"Many competitive and enthusiast runners start with 3 or 5K races," said Richard L. Steele, assistant dean of physical education at Northern Virginia Community College in Alexandria. "I tell most people to pick race that is conveniently located ... or has special meaning to them personally, [like] a charity."

Preparing for a turkey trot usually consists of dietary retooling, aerobic exercise and strength training.

"Typically, the folks I work with run between three and five times a week with some weight training and ... cross-training worked into the schedule," said Colarco. "The distance and intensity vary based on the experience and fitness level of the runner, the goal they are aiming for and any injuries they may be working through."

Colarco tailors her training regiment to the environment of the chosen race. "For example, if it's a hilly race, we'll definitely work some hills into the training plan," she said. "If it's a trail race, we'll leave the nice paved running routes behind and head off road."

"Up your training distance each week, but do it in

small amounts," said Steele. "A new runner should aim for three to five days per week of training," he said.

Creating a realistic training schedule that works in harmony with one's daily schedule is the key to becoming race-ready on Turkey Day, says Colarco. "I really try to take into account the fact that most of the runners in this area are working professionals with a lot on their plates. I work with my clients to determine not just what they should be doing, but realistically, what they can do given the stresses of everyday life."

Diet, both on the day of the race and the days and weeks leading to it, is an often-overlooked component of race training. "Eat a high-energy meal about an hour before the race," said Steele. "Eating within an hour can lead to upset stomach. ... You may need to increase your calories, but don't go crazy. If you are eating natural foods, free of artificial fats, added sugars and other chemicals, your body will respond in an amazing way."

Protecting against injuries that can be sustained from the unrelenting pounding of the pavement, is another important, but often overlooked part of running. "You get an average of about 4,500 blows to your joints over the course of a 5K," said Christian Elliot, a personal trainer and founder of True Health and Wholeness. "Strength training helps your body handle the blows, and there's no downside to having strong muscles."

Weight training exercises for the legs should be done two to three days per week, advises Steele. "You can hit the weights at the gym, do Pilates or use body weight, whatever you enjoy. Focus on light to medium resistance with higher repetitions to build muscle endurance; 12 to 15 repetitions, two to three sets for each exercise works well."

"It has been proven that runners who do strength training have fewer knee injuries," added Chance Heare, of Koko FitClub in Herndon, Reston and Great Falls. "Strength training builds the stabilization muscles to support the joints and runners who strength train tend to get fewer injuries and have better endurance."

The most common injuries associated running are ankle and knee sprains, shin splints, stress fractures, runner's knee and plantar fasciitis. "Sprains and blisters are very common during races," said Steele.

Running shoes play an important part of injury prevention, but "by itself can't prevent all injuries," said Nelson Cortes, Ph.D., an associate professor in the Sports Medicine Assessment, Research & Testing Laboratory at George Mason University in Fairfax. "Everyone has different foot and lower body morphology and it's important that running shoes are appropriate."

In addition, a daily full-body stretching routine "will help with injury prevention and performance," said Steele. "You'll be surprised how much better you feel in general after doing this for about a week or two."

**"Get outside, do something in the community and stay active to counter the cold weather and extra helpings of mashed potatoes."**

— Susan Colarco, certified running coach



PHOTOS CONTRIBUTED

## Raising \$70,000

Each Stratford Landing Elementary School student got a chance to dunk the principals to celebrate hitting the fundraising goal at the third annual Rock 'n Run.



Principal Dr. Maureen Marshall in the dunk tank.



Stratford Landing Elementary's PTA hosted the third annual Rock 'n Run on Friday, Oct. 23. More than 1,000 students, teachers and parents participated in the event which raised more than \$70,000 for the school. The funds support technology purchases, for staff development, books, instruments, field trips and classroom needs. Visit [www.youcaring.com/sles](http://www.youcaring.com/sles).

## Geotechnical Drilling at Dyke Marsh

In preparation for restoring up to 100 acres of Dyke Marsh, the The National Park Service and the U.S. Army Corps of Engineers began a short drilling project in the last week of October.

The purpose of the drilling is to sample the marsh's sediment foundation as the restoration — which would include adding clean sandy material and planting native wetland vegetation — is being planned.

A 485-acre ecosystem, the freshwater tidal marsh is home to 300 species of plants and 270 species of birds. But without restoration it could disappear by 2035, according to a release from the George Washington Memorial Parkway, which manages the marsh.

"Dyke Marsh Wildlife Preserve is one of

the largest remaining freshwater, tidal wetlands in the Washington metro area," Alex Romero, superintendent of the George Washington Memorial Parkway, said in a statement.

"Dyke Marsh has extensive value, not only for the flora and fauna that exist within, but

for the recreational, educational and cultural values that the marsh provides. We are very excited to move forward with the first phase of the project to restore this very sensitive resource."

Congress has allocated \$24.9 million for the restoration project, which is scheduled to begin in 2017 and take four years to complete.

— TIM PETERSON



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# The Alexandria Gazette.

ALEXANDRIA, VA. THURSDAY EVENING, NOVEMBER 5, 2015.

## DRAMA DEPICTS 1862 ALEXANDRIA.

"Mercy Street," a new Civil War-era drama set in Alexandria but produced in and around Richmond will debut on PBS Sunday, Jan. 17, 2016, at 10 p.m. "Mercy Street" will follow the final season of "Downton Abbey."

Based on true stories, "Mercy Street" takes viewers into the lives of Americans on the Civil War home front as they face the challenges of one of the most turbulent times in the nation's history.

Set in Virginia in the spring of 1862, "Mercy Street" follows the lives of two volunteer nurses on opposite sides of the conflict; Mary Phinney, (Mary Elizabeth Winstead), a staunch New England abolitionist, and Emma Green, (Hannah James), a naive young Confederate belle. The two collide at Mansion House, the Green family's luxury hotel that has been taken over and transformed into a Union Army Hospital in Alexandria, a border town between North and South and the longest-occupied Confederate city of the war. Ruled under martial law, Alexandria is now the melting pot of the region, filled with soldiers, civilians, female volunteers, doctors, wounded fighting men from both sides, runaway slaves, prostitutes, speculators and spies.

The intersection of North and South within the confines of a small occupied town creates a world that is chaotic, conflicted, corrupt, dynamic and hopeful — a cauldron within which these characters strive, fight, love, laugh, betray, sacrifice and, at times, act like scoundrels.

'MERCY STREET' CAST. — in leading roles includes:

→ Mary Elizabeth Winstead ("The Returned," "The Spectacular Now") as nurse Mary Phinney, a New England widow who is a newcomer at Mansion House Hospital.

→ Josh Radnor ("How I Met Your Mother," "Liberal Arts," Broadway's "Disgraced") as Dr. Jedediah Foster, the civilian contract surgeon who grew up in a privileged slave-owning household as the son of a wealthy Maryland landowner.

→ Gary Cole ("Veep," "The Good Wife," "Entourage") as James Green, Sr., patriarch of the Green family, struggling to maintain his family business while living in an occupied city.

→ Newcomers Hannah James as Emma Green, an entitled Southern young woman who volunteers as a nurse at Mansion House Hospital, and Brad Koed as James Green, Jr., working alongside his father on the family business while he wants to be on the front lines for the Confederate cause.

→ Norbert Leo Butz ("Bloodline") as Dr. Byron Hale, an old-school Army Surgeon who does everything by the book.

→ Tara Summers ("You're the Worst," "Rake," "Boston Legal") as nurse Anne Hastings, whose claim to fame is her experience working with Florence Nightingale in the Crimean War.

→ McKinley Belcher III ("Show Me A Hero," "Chicago PD") as Samuel Diggs, a black laborer who works in Mansion House Hospital and harbors a secret knowledge of medicine.

→ Shalita Grant ("NCIS: New Orleans," "Bones") as Aurelia Johnson, a stoical "contraband" working as a laun-

dress at the hospital.

→ Peter Gerety ("Syriana," "Charlie Wilson's War," "The Wire," "Prime Suspect") as Chief Surgeon Alfred Summers, a career Army surgeon who has risen to the rank of major by virtue of his age, not his skill

→ Jack Falahee ("How to Get Away With Murder") as Frank Stringfellow, a Confederate spy who is betrothed to Emma.

→ Anna Sophia Robb ("The Carrie Diaries," "The Way, Way Back," "Bridges to Terabithia") as Alice Green, Emma's younger sister who at first frivolous and naive, becomes the most radicalized member of her family.

**ADVISING ON HISTORICAL ACCURACY.** — Based on both historical and composite characters, "Mercy Street" combines real and dramatized places and events as backdrops for an array of colliding storylines.

To ensure historical accuracy, the producers engaged a team of advisors headed by historian James McPherson and including experts on Civil War medicine, military history, African-American history, women in the Civil War era and more. Each script was vetted with the entire advisory team, many of whom were on set during the show's filming in Richmond and Petersburg, Virginia.

Along with McPherson, the advisory team included Dr. Stanley Burns (19th century medical historian, "The Knick"), Shauna Devine ("Learning From the Wounded, the Civil War and the Rise of Medical Science"), Jane Schultz ("Women at the Front: Hospital Workers in Civil War America"), George Wunderlich, director of the National Museum of Civil War Medicine, Audrey Davis, director of the Alexandria Black History Museum, and Anya Jabour ("Scarlett's Sisters, Young Women in the Old South").

**FOR THE CLASSROOM.** — PBS LearningMedia will offer materials designed to bring "Mercy Street" into classrooms around the nation including a series of student-facing videos that will explore ties between current events topics with roots in Civil War era history, clips from "Mercy Street" and teacher-focused classroom support materials, such as background essays and lesson activities. These resources will enable teachers to connect content covered in "Mercy Street" with curricula topics in Civil War era history, and connect themes covered in the series to issues relevant to students' lives today.

## ALEXANDRIA FILM FESTIVAL.

The Alexandria Film Festival will present 62 featured films for the 9th annual festival, to be held Nov. 5-8 at AMC Hoffman 22 Theatre and Beatley Central Library in Alexandria. The festival opens Thursday, Nov. 5, with the Alexandria premiere of "Mercy Street," PBS's new civil war drama historically based in Alexandria.

The festival will host a Q&A with "Mercy Street" stars Mary Elizabeth Winstead (Mary Phinney), Hannah James (Emma Green), Tara Summers (Anne Hastings), and executive producers David W. Zucker and Lisa Wolfinger. Local Alexandria producer and Alexandria Film

Festival award winning filmmaker Joe Cantwell will moderate a Q&A following the screening.

Festival highlights include a holiday movie showcase on Saturday night at 7 p.m. at AMC Hoffman Theatre with a special advanced screening of the soon-to-be Christmas hit "Love the Coopers," starring Alan Arkin, John Goodman, Ed Helms, Diane Keaton, Jake Lacy, Anthony Mackie, Amanda Seyfried, June Squibb, Marisa Tomei and Olivia Wilde.

The showcase will begin with short film "Merry Xmas," starring Dick Van Dyke and Valerie Harper. "Merry Xmas" filmmaker Adam Rackoff will engage audiences with a Q&A following the screening.

This year's festival also presents political documentaries, including a work-in-progress screening of political talk radio documentary "The Brainwashing of My Dad" on Saturday, Nov. 7 at 7 p.m. at AMC Hoffman Theatre. Filmmaker Jen Senko and producer Adam Rackoff will be available for an audience Q&A following the screening.

The festival will host the premiere of political advertising documentary "I Approve This Message" on Saturday, Nov. 7 as part of a film showcase happening at 4 p.m. at AMC Hoffman Theatre. Local D.C. filmmaker Jesse Strauss will greet audiences for a Q&A following the screening.

"Yemeniettes" follows three women from Yemen trying to break the barriers of their traditional society as a part of the International Film Showcase at 1 p.m. on Saturday, Nov. 7 at AMC Hoffman Theatre.

Sixteen international films includes films from Sweden, China, the United Kingdom, Aruba, Australia, Lithuania, Lebanon, Venezuela, Yemen, Vietnam and India. "Rebirth" filmmaker Alireza Sadreddini from the United Kingdom plans to attend and perform an audience Q&A at 2:30 p.m. at Beatley Central Library on Saturday, Nov. 7.

Films coming from within the greater Washington, D.C. metropolitan area include "Shrines," "Cherry Blossom," "Freak the Language," "Arlington Passages," "Landscape of Power: Freedom and Slavery in the Dismal Swamp," and "The Art of Richard Thompson."

Local filmmakers Jesse Strauss of "I Approve This Message," Nguyn inh Anh of "Uncle & Son," Josh Peterson of "Forest Born," and Karen Reedy of "Les Falaises" will be present at the festival with their films.

The festival features two LGBTQ films this year. "Uncle & Son" will be shown at AMC Hoffman Theatre at 1 p.m. as part of the International Film Showcase. "The David Dance" will be shown Sunday, Nov. 8 at 4 p.m. as a part of a film showcase. Both filmmakers will be in attendance at the festival for Q&As after their screenings.

The Alexandria Film Festival's history of environmental films continues this year with "The Bonobo Connection," with filmmaker Irene Magafan in attendance, "Free Flight" and "From Australia with Lov3."

The first-ever Kid's Cinema Showcase will begin at 10 a.m. on Saturday, Nov. 7 at AMC Hoffman Theatre. Animated films "The Importance of Lios" and "Hill of the Hapersnoks" lead the screening, followed by a nature feature length "On the Wing" about saving bald eagles. In addition to the Kid's Cinema Showcase, many films provide an educational opportunity for

teachers and their students, including "The Art of Richard Thompson," "Offset: Seeing Beauty Through a Brain Injury," "Landscape of Power: Freedom and Slavery in the Dismal Swamp," "Shrines," "The Soft Shell Crab and the Metal Claw" and "Arlington Passages."

The festival pays tribute to Sydney-Chanele Dawkins, award-winning feature filmmaker, film curator, film festival producer and a theater/film critic and arts writer who died on July 8, 2015, at age 47, after a battle with breast cancer. She served as an impassioned advocate for the arts as chair of the Alexandria Commission for the Arts in Alexandria. Her successful first film, "Modern Love Is Automatic," will be shown at 10 a.m. on Saturday, Nov. 7, at AMC Hoffman Theatre.

A series of short films round out the festival. Notable shorts include "Zero," a sci-film short by YouTube Your Film Festival winner David Victori with executive producer support from Ridley Scott and Michael Fassbender, "The Schoolboy," "I Am Reva," "Three Lady Tailors," "Before We Lose," "Keepsake," and "Birthday."

All films shown at Beatley Central Library are free and open to the public. Tickets for films shown at AMC Hoffman 22 Theatre on Saturday, Nov. 7 and Sunday, Nov. 8 are available for purchase. The all-access pass to the festival is \$45 and is available for purchase online until Saturday, Nov. 7. The all-access pass is \$50 at the door. Tickets to individual screenings are \$12 online prior to the festival, and \$15 at the door. For more information, visit alexandriafilm.org.

**FILM SCHEDULE.** — The program is subject to change. Visit alexandriafilm.org, www.facebook.com/alexandriafilmfestival or find them on Twitter (twitter.com/alexfilmfest).

→ **THURSDAY, NOV. 5**  
"MERCY STREET" Alexandria Premiere (private screening) Special guests for the premiere include: Hannah James, actress; Tara Summers, actress; Mary Elizabeth Winstead, actress; David W. Zucker, executive producer; Lisa Wolfinger, executive producer; Beth Hoppe, chief programming executive and general manager, general audience programming, PBS.

→ **FRIDAY, NOV. 6**  
"JOURNEY TO A MIRACLE: FREEDOM FROM INSULIN" (10:30 a.m., Beatley Library, Free)  
"I AM REVA" (1:15 p.m., Beatley Library, Free)  
"FREE FLIGHT" (2:30 p.m., Beatley Library, Free)  
"FREAK THE LANGUAGE" (3 p.m., Beatley Library, Free)  
"LES FALAISES" (3:30 p.m., Beatley Library, Free)  
"THE DEEP HEART'S CORE" (4 p.m., Beatley Library, Free)  
"HERMITS" (4:05 p.m., Beatley Library, Free)

→ **SATURDAY, NOV. 7**  
KID'S CINEMA SHOWCASE (10 a.m., AMC Hoffman Theater #2) "THE IMPORTANCE OF LIOS" - "HILL OF THE HAPERSNOKS" - "ON THE WING"  
SYDNEY-CHANELE DAWKINS MEMORIAL SCREENING (10 a.m., AMC Hoffman Theater #3) "MODERN LOVE IS AUTOMATIC"  
"ARLINGTON PASSAGES" (10:30 a.m.,

Beatley Library, Free)  
"SHRINES" (11:15 a.m., Beatley Library, Free)  
"MANNISH BOY" (11:30 a.m., Beatley Library, Free)

"OFFSET: SEEING BEAUTY THROUGH A BRAIN INJURY" (12 p.m., Beatley Library, Free)  
SHORT FILM SHOWCASE (1 p.m., AMC Hoffman Theater #2) "SAFIYAH FLIES ACROSS THE OCEAN" - "MAIL.MAN" - "THE POEM OF A MEMORY" - "BIRTHDAY" - "ZERO" - "KEEPSAKE"

FILM SHOWCASE (1 p.m., AMC Hoffman Theater #3)  
"THREE LADY TAILORS" - "THE BONOBO CONNECTION" - "THE WOMAN NOVELIST IN THE PSYCHIATRIC HOSPITAL" - "YEMENIETTES" - "THE SONS OF MAPES" (1:30 p.m., Beatley Library, Free)

"FROM AUSTRALIA WITH LOV3" (2 p.m., Beatley Library, Free)  
"TUNNEL VISION" (12:10 p.m., Beatley Library, Free)  
"REBIRTH" (2:30 p.m., Beatley Library, Free)

"THE SOFT SHELLED CRAB AND THE METAL CLAW" (2:45 p.m., Beatley Library, Free)  
"CHERRY BLOSSOM" (3 p.m., Beatley Library, Free)

"LANDSCAPE OF POWER: FREEDOM AND SLAVERY IN THE DISMAL SWAMP" (3:30 p.m., Beatley Library, Free)

FILM SHOWCASE (4 p.m., AMC Hoffman Theater #2) "JANEY MAKES A PLAY" - "OH CRAPPY DAY"

FILM SHOWCASE (4 p.m., AMC Hoffman Theater #3) "THE ART OF RICHARD THOMPSON" - "OFF THE RECORD" - "C.T.R.L." - "I APPROVE THIS MESSAGE" - Premiere

ADVANCE SCREENING SHOWCASE (7 p.m., AMC Hoffman Theater #2) "MERRY XMAS" - "LOVE THE COOPERS"

FILM SHOWCASE (7 p.m., AMC Hoffman Theater #3) "MERRY XMAS" - "BRAINWASHING OF MY DAD"

LATE NIGHT SHOWCASE (10 p.m., AMC Hoffman Theater #2) "THE SCHOOLBOY" - "THE DROUGHT LAND" - "IN PROGRESS" - "DREAM WRITERS" - "FOREST BORN"

LATE NIGHT SHOWCASE (10 p.m., AMC Hoffman Theater #3)

"LADY IN WHITE" - "RAGE" - "INERTIA" - "AMERICAN DIRTBAGS"

→ **SUNDAY, NOV. 8**  
FILM SHOWCASE (10 a.m., AMC Hoffman Theater #2) "BUILDING MAGIC" - "SIDESHOW OF THE ABSURD"

"THE LAST GREAT CIRCUS FLYER" (10 a.m., AMC Hoffman Theater #3)

INTERNATIONAL FILM SHOWCASE (1 p.m., AMC Hoffman Theater #2)

"UNCLE & SON" - "BEFORE WE LOSE" - "SHACKLE"

"RUN FREE: THE TRUE STORY OF CABALLO BLANCO" (1 p.m., AMC Hoffman Theater #3)

FILM SHOWCASE (4 p.m., AMC Hoffman Theater #2) "FROM AUSTRALIA WITH LOV3" - "LUCHADORA" - "FIXED" - "THE DAVID DANCE"

"LOVE THE COOPERS" - Advanced Screening (4 p.m., AMC Hoffman Theater #3)

CLOSING RECEPTION & AWARDS CEREMONY (6 p.m., AMC Hoffman Theater Mezzanine)

# ENTERTAINMENT

## Meet the Chef: Evening Star Cafe

Menu accesses all flavors in user friendly experience

BY SHIRLEY RUHE  
THE GAZETTE

“Smell the nutty aroma of the brown butter.” Foam quickly bubbles up the sides of the saucepan as Keith Cabot, executive chef at Evening Star Cafe on Mount Vernon, adds the cold liquid to the caramelized hot butter cooked on high heat. He is making the brown butter verjus dressing for his Brassica Salad, a customer favorite. Verjus is a tart vinegar substitute made from un-ripened wine grapes. But he says it is important to have the rest of the dressing ready to go before the butter is browned so you can mix them together while the butter is still hot. He has measured one and a half cups of verjus and added juice from half a lemon to brighten up the acidity. Then two cloves of garlic grated with a zester. “I like to use this small thermos to pour the dressing because it’s easier in a large kitchen,” he said.

Today’s salad features vegetables from the Brassica family including cauliflower, broccoli and kale. Six curly green kale leaves from Northern Neck Produce are spread on a half sheet pan. Cabot places another pan on top to add pressure. In addition to buying fresh produce directly from the farm, Cabot says the restaurant has a huge garden on the roof with mostly sage and other garnishes at this time of the year. The broccoli and cauliflower florets have been roasted in the oven with olive oil, salt and pepper and garlic at 375 degrees for 15-20 minutes. “I like to take the traditional salad and do something a little different,” he said.

Green and white are mixed together in the bowl as the cauliflower and broccoli are coated with dressing. Cabot has shaved tiny green specks off the broccoli floret and will use what he calls his “green couscous” as a garnish. “I also shave thin round slices from the broccoli stalk to mix into the salad. Like with animals, the same with vegetables. We use it all from root to stem,” he said.

The Brassica mixture is placed in a large serving bowl. Cabot sprinkles copper-col-

ored sumac to add more bright acidity, then his broccoli couscous, making a green decorative edge around the dish. Pieces of lavash crackers that are made in the restaurant (a complicated process) are added to the top of the salad and finally several crispy kale chips are arranged on the top.

Cabot went to chef’s school in Charlotte. Then he opened with a few restaurants in Washington D.C. including Suna on Capitol Hill where he was a sous chef, then Sodo on 14th Street and a restaurant in Chinatown. He says the major change he has seen in 15 years of cooking is that, “we know where our food is coming from. We have a relationship with food that my parents didn’t have.”

Cabot has been executive chef at Evening Star Cafe since Aug. 10 and during that time has changed the whole menu: “I wanted it to be more user friendly so guests can create their own experience.” The previous version of Evening Star Cafe was Southern-themed but Cabot wanted to access all of the flavor profiles, and he wanted the focus to be an exchange between people. The first courses are all Share Dishes so that guests can taste a lot of flavors of the season.

He walks into the adjoining room past a rack packed with quiche crusts. Part of this job, he explains, involves organization and thinking ahead to what you will need tomorrow or in a few days.

Cabot opens up the foil on a large, rectangular black pot to show his own favorite dish, the Braised Short Ribs that are cooked in a water bath at low temperature for 7 1/2 hours. Each is encased in a sealed plastic bag that removes all oxygen and keeps in the moisture and flavor during the cooking process.

When Cabot was growing up, his mother had retired from the Marines and his father from the Navy. They were both working on Master’s degrees “so food wasn’t a focus.” But he remembers holidays were a big thing where his godmother would cook a huge feast: “The story goes that I walked in one holiday and said, Mom, this is what a real kitchen smells like.”



Keith Cabot, executive chef at Evening Star Cafe, measures out verjus, adds fresh lemon juice and zested garlic for the dressing for his Brassica Salad.

Cabot points out that when you add the cold liquid to the hot caramelized butter, it foams bubbles to the top of the saucepan.



Vegetables are used “root to stem,” so Cabot shaves off small broccoli florets to use as garnish.

(above) “Nice curly kale” from Northern Neck produce will be baked with olive oil, salt and pepper, until crispy. (right) Finished salad includes broccoli and cauliflower with brown butter verjus dressing, sprinkled with sumac and homemade lavash crackers with crispy kale as the final touch.



### CALENDAR

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### ONGOING

“Painting the Line, Drawing the Paint.” Through Nov. 8 at Rachel M. Schlesinger Concert Hall & Arts Center, 4915 E. Campus Drive. This show that will include works by Ann Schlesinger, daughter of Jim and Rachel Schlesinger. Free. Visit [www.nvcc.edu](http://www.nvcc.edu) for more.

“Safari.” Through Nov. 15, 10 a.m.-5 p.m. at The Potomac Fiber Arts Gallery, 105 N. Union St. Resident fiber artists display work inspired by

the wild. Free. Visit [www.potomacfiberartsgallery.com](http://www.potomacfiberartsgallery.com).

**Mount Vernon in 3-D: Then & Now.** Through Nov. 20 during regular operating hours at George Washington’s Mount Vernon, 3200 Mount Vernon Highway. Visitors will have the chance to travel back in time, and in 3-D, to see how the estate appeared more than 100 years ago through a special photography exhibition. The exhibition is included in the regular admission fee of \$17 for adults, \$16 for seniors, \$9 for youth and free for children younger than 5. To view the historic stereoview images as well as the modern 3-D anaglyphs, visit [www.mountvernon.org/3D](http://www.mountvernon.org/3D).

**Young at Art Juried Art Show.** Through Nov. 20, Monday-Friday, 5-10 p.m. at Durant Arts Center, 1605

Cameron St. Artists 55 and older can contribute their artwork for the exhibition. Visit [www.seniorservicesalex.org](http://www.seniorservicesalex.org) or by calling Mary Lee Anderson at 703-836-4414, extension 111.

**Torpedo Factory’s Post-Graduate Studio.** Through Nov. 29, during gallery hours at the Torpedo Factory Art Center, 105 N. Union St. To wrap up the inaugural year of the Torpedo Factory Art Center’s post-graduate in-house residency program, the Target Gallery will feature the work of the four participating artists in a group exhibition. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org) for more.

**PHOTO ‘15.** Through Nov. 29, gallery hours at Multiple Exposures Gallery, 155 N. Union St. Senior Curator and Head of the Department of Photographs at The National Gallery

of Art Sarah Greenough will jury the “PHOTO ‘15” exhibit. Thirty-one fine art photographers will display their work. Admission to the gallery is free. Visit [www.multipleexposuresgallery.com](http://www.multipleexposuresgallery.com) for more.

**Green Spring Gardens Art Show.** Through Dec. 27, gallery hours at Green Spring Gardens, 4603 Green Spring Road. Artist Carol Higgs works in batik, oil, watercolor, and collage. Painter Joan Wolfe works with acrylic and Erik and Caroline Hottenstein use watercolors. Free. Call 703-642-5173 for more.

**“Not-So-Modern” Jazz Quartet Performance.** Thursdays through Dec. 31, 7:30-10 p.m. at St. Elmo’s Coffee Pub, 2300 Mount Vernon Ave. Not So Modern Jazz Music plays music from the glory days of traditional jazz, including tunes from traditional Dixieland and the Swing era. Free.

Visit [www.stelmoscoffee.pub.com](http://www.stelmoscoffee.pub.com).  
**“George Washington’s Thanksgiving Proclamation.”** Through Jan. 6, 9 a.m.-5 p.m. at George Washington’s Mount Vernon, 3200 Mount Vernon Memorial Highway. This exhibit will detail the history of Thanksgiving at Mount Vernon. On October 3, 1789, Washington issued his Thanksgiving proclamation, designating for “the People of the United States a day of public thanks-giving.” Admission to the exhibit is included in Mount Vernon ticket prices. Tickets are \$17 for adults, \$9 for children, and free for children ages 5 and younger. Visit [www.mountvernon.org/thanksgiving](http://www.mountvernon.org/thanksgiving).

#### THROUGH DEC 13

**Mike McConnell: “Flip Side.”** During gallery hours at The

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<b>Saturday Evening</b> 5:00 pm Vigil Mass 6:30 pm Vigil Mass (en Español)	<b>Thursday &amp; First Friday of the Month:</b> 7:30 pm Mass (Español) preceded by 7:00 pm Eucharistic Adoration
<b>Sunday</b> 7:30 am; 9:00 am (with Sign Language Interpreter & Children's Liturgy of the Word); 10:30 am; 12:00 Noon; 2:00 pm (en Español); 6:30 pm	

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## ENTERTAINMENT

Athenaeum, 201 Prince St. Mike McConnell was a commercial illustrator who recently dedicated himself to fine art. Free. Visit [www.nvfaa.org](http://www.nvfaa.org) for more.

### THROUGH NOV. 8

**"Mary Poppins."** Various times at Bryant Alternative High School, 2709 Popkins Lane. Mount Vernon Community Children's Theatre presents "Mary Poppins." Tickets are \$12. Visit [www.mvccct.org](http://www.mvccct.org) for more.

### THURSDAY/NOV. 5

**An Evening on John Singer Sargent.** 7 p.m. at the Torpedo Factory, 105 N. Union St. Richard Ormond, former Director of London's National Maritime Museum and former Deputy Director of London's National Portrait Gallery, is also one of the leading authorities on his great uncle and artist John Singer Sargent. Ormond will share anecdotes about and insights into the world of this portrait painter of the late 1800s. Free. Visit [www.theartleague.org](http://www.theartleague.org) for more.

**Damon Fowler and Delbert McClinton.** 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. Guitarist Damon Fowler opens for The Delbert McClinton Band. Tickets are \$45. Visit [www.birchmere.com](http://www.birchmere.com).

**"The 39 Steps."** 7:30 p.m. at St. Stephen's & St. Agnes School—Chapel/Performing Arts Center, 1000 St. Stephen's Road. St. Stephen's & St. Agnes School will present a comedic version of "The 39 Steps," adapted from the 1915 novel by John Buchan and the 1935 film thriller by Alfred Hitchcock. Tickets are \$5. Visit [www.sssas.org/arts](http://www.sssas.org/arts).

**The United States Air Force Band-Chamber Players Series.** 7:30 p.m. at The Lyceum—Alexandria's History Museum, 201 S. Washington St. An evening of "Music for Percussion." Free. Visit [www.usafband.af.mil](http://www.usafband.af.mil).

### THURSDAY-SATURDAY/NOV. 5-7

**Duncan Library Book Sale.** 10 a.m.-6:45 p.m. on Thursday; 10 a.m.-5:45 p.m. on Friday; and 10 a.m.-2:45 p.m. on Saturday at Duncan Library, 2501 Commonwealth Ave. Thousands of donated books, DVDs and CDs will be on sale. Free to attend. Visit [www.friendsofduncanlibrary.org](http://www.friendsofduncanlibrary.org).

### FRIDAY/NOV. 6

**ACPS 2020: Every Student Succeeds.** 5:30-8 p.m. at Jefferson Houston School, 1501 Cameron St. In honor of the launch of "Every Student Succeeds," Alexandria City Public Schools is inviting the community to a celebration featuring circus performances, live music, food and more. Free. Call 703-619-8003.

**Sadie Hawkins Dance.** 6-8:30 p.m. at the Durant Arts Center, 1605 Cameron St. Peter Kasper, featured caller and The Boomerangs Square Dance Teaching Council set the stage for this hillbilly country dance. Guests are invited to square dance and wear denim, paisley, red handkerchiefs, straw, and close-toe shoes. Tickets are \$5 for residents and \$10 for non-residents in advance; \$10 for residents and \$15 for nonresidents at the door. Register at [www.alexandriava.gov/webtrac](http://www.alexandriava.gov/webtrac) with Activity Code 255202.01.

**"Under \$100: Affordable Masterpieces" Opening Reception.** 7-9 p.m. at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Celebrate the opening of an exhibit showcasing artwork for \$100 or less. Patrons can own and take home art when purchased. Free admission. Visit

[www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org).

**Art on Tap.** 7-10 p.m. at The Art League Gallery, 105 N. Union St. Craft beers from local breweries have been paired with a work of art from an Art League instructor. Local restaurants have chosen a brew/artwork coupling to serve as their muse to create a complementary appetizer. Tickets are \$35, \$45 after Oct. 3. Visit [www.theartleague.org](http://www.theartleague.org).

**The Recessionists.** 8 p.m. at The Athenaeum, 201 Prince St. An improv group accepts suggestions from the crowd for scenes and games. Tickets are \$15. Visit [www.nvfaa.org](http://www.nvfaa.org).

### FRIDAY-SUNDAY/NOV. 6-8

**Alexandria Film Festival.** AMC Hoffman Center 22, 206 Swamp Fox Road and Beatley Central Library, 5005 Duke St. The Alexandria Film Festival brings together short and feature length films of all genres from emerging and established, local and international filmmakers. Last year, the festival brought more than 60 films and 50 filmmakers to Alexandria from as far as Sri Lanka and Uruguay. All ticketed events will be held at the AMC Hoffman Theater 22, with Beatley Central Library offering free programs to the public. Visit [www.alexandriafilm.org](http://www.alexandriafilm.org) for more.

**"Songs for a New World."** 8 p.m. on Friday, 2 p.m. and 8 p.m. on Saturday, and 2 p.m. on Sunday at Workhouse Arts Center, 9518 Workhouse Way, Lorton. Metropolitan Youth Theatre students of the Metropolitan School of the Arts (MSA) of Alexandria and Lorton, Va. will present its student-directed and produced performance of Jason Robert Brown's "Songs for a New World." Tickets are \$20. Visit [www.metropolitanarts.org](http://www.metropolitanarts.org) for more.

### FRIDAY-SATURDAY/NOV. 6-7

**Playfest 2015.** 7 p.m. at Convergence, 1801 N. Quaker Lane. Morning Bishop Theatre Playhouse presents Playfest 2015. The event is titled "All Voices Matter." Tickets are \$10 and \$12. Call 703-998-6260.

### NOV. 6-26

**"Under \$100: Affordable Masterpieces."** During gallery hours at Del Ray Artisans Gallery, 2704 Mount Vernon Ave. Del Ray Artisans showcases artwork for \$100 or less. Patrons can own and take home art when purchased. Free admission. Visit [www.TheDelRayArtisans.org](http://www.TheDelRayArtisans.org).

### SATURDAY/NOV. 7

**"Beyond the Battlefield."** 10 a.m. at the Lyceum, 201 S. Washington St. The Lee-Fendall House will offer "Beyond the Battlefield," a guided walking tour of Civil War sites in Historic Old Town. Participants will see locations and stories associated with soldiers, citizens, and the enslaved, including the occupation of Alexandria and emancipation. Stops on the tour will include locations to be featured in the upcoming PBS drama, "Mercy Street," which airs in January 2016. Advance tickets are \$15, or \$20 on the day of the program. Visit [www.leefendallhouse.org](http://www.leefendallhouse.org) for more.

**Library of Virginia: "African American Resources."** 10 a.m.-12 p.m. at Lloyd House, 220 N. Washington St. The names of millions of African Americans, slave and free, who lived, worked, worshiped, loved, and died in Virginia, are buried deep in the archival records and manuscript collections housed at the Library of Virginia. Reference archivist Cara Griggs will discuss methods and

resources for African American genealogy prior to the end of the Civil War. Her lecture will focus on the Library of Virginia's collections, including cohabitation registers, free Negro registers and lists, wills, deed, and tax records as well as elected federal records that can be accessed through its databases. Free. Visit [www.alexandriava.gov](http://www.alexandriava.gov) for more.

**Fort Ward Museum Veteran's Day Tours.** 10 a.m. and 2 p.m. at Fort Ward, 4301 W. Braddock Road. Two 90-minute tours will be conducted by Fort Ward staff member Kevin Moriarty, who will portray a Union army veteran reminiscing about his military service at Fort Ward during the Civil War. Participants will learn about Civil War veterans

organizations, the history of Fort Ward, army life in the Civil War Defenses of Washington, and the design and construction of Civil War forts. Highlights include the reconstructed Officers' Hut and ceremonial entrance gate, and the fort's fully restored Northwest bastion. Free. Call 703-746-4848.

**Fort Hunt Preschool Fall Festival.** 11 a.m.-2 p.m. at Fort Hunt Preschool, 1909 Windmill Lane. Find pony rides, inflatables, games, food and more. Free. Visit [www.forthuntpreschool.com](http://www.forthuntpreschool.com).

**Docent-Led Tour.** 11 a.m.-2 p.m. at Friendship Firehouse, 107 S. Alfred St. Take an in-depth tour of Friendship Firehouse led by a trained docent. Tickets are \$5 for adults, and \$4 for children 10-17. The tour is recommended for children 10 and over. Visit [www.friendshipfirehouse.net](http://www.friendshipfirehouse.net).

**"A Behind the Scenes of Mosby's Rangers."** 1-3 p.m. at Ivy Hill Cemetery, 2823 King St. Eric Buckland, a retired Army Special Forces Lieutenant Colonel, Vice President of the Stuart-Mosby Historical Society, member of the Mosby Heritage Area Association, and author of five books about some of the men who rode with Mosby's Rangers will tell tales of the Rangers' history, tactics, operations and lives during the Civil War era. \$5 suggested donation. Call 301-395-9541 or 703-549-7413 for more.

**Pohick Church Tours.** 1-3 p.m. at The Historic Pohick Church, 9301 Richmond Highway. The Historic Pohick Church Docent Guild will give guided tours of the historic colonial church. Free. Visit [www.pohick.org](http://www.pohick.org).

**SCAN's 14th Annual Toast to Hope.** 6:30-9:30 p.m. at the Unitarian Universalist Church of Arlington, 4444 Arlington Blvd. "Toast for Hope" is an opportunity to support Stop Child Abuse Now (SCAN). Tickets start at \$75. Visit [www.scanva.org](http://www.scanva.org).

**Kitty Donohoe and Kristin Rebecca.** 7 p.m. at Focus Alexandria/Church of St. Clement, 1701 N. Quaker Lane. Ann Arbor-based songwriter and Michigan Emmy recipient Kitty Donohoe is joined by Maryland based songwriter Kristin Rebecca. Tickets are \$15 in advance and \$18 at the door. Visit [www.focumusic.org](http://www.focumusic.org) for more.

### SATURDAY-SUNDAY/NOV. 7-8

**"Whimsy & Wonderment."** 8 p.m. on Saturday at Rachel M. Schlesinger Concert Hall, 4915 E. Campus Drive; 3 p.m. on Sunday at George Washington Masonic Memorial, 101 Callahan Drive. The Alexandria Symphony Orchestra presents the music of Danny Elfman and classical music that shaped Elfman's style. Tickets are \$20-80 for adults, \$10 for students and \$5 for youth. Visit [www.alexsym.org](http://www.alexsym.org) for more.

### SUNDAY/NOV. 8

**Ruffled Wreath Workshop.** 10 a.m.-

# ENTERTAINMENT

12 p.m. at Green Spring Gardens, 4603 Green Spring Road. Create a Christmas wreath with felt ruffled rosettes. Adults only. Tickets are \$22. Call 703-642-5173 for more.

**Book Signing Event.** 11 a.m.-1 p.m. at Capital Teas, National Harbor, 145 Waterfront St., Oxon Hill, Md. Chrys Brobby, a resident of Alexandria, will sign copies of "Dreams & Dreads." Kara Carter will sign copies of "Abby's Quilt." Free. Visit [www.tatepublishing.com](http://www.tatepublishing.com) for more.

**The Navy Concert Band.** 2 p.m. at The Athenaeum, 201 Prince St. The Navy Concert Band will perform at part of the "Music in the Gallery Series." Hear traditional and modern music for woodwinds and brass. Free. Visit [www.nvfaa.org](http://www.nvfaa.org) for more.

**President Madison's Salon with Chief Justice John Marshall.** 3-4:30 p.m. at Gadsby's Tavern Museum, 134 N. Royal St. The date is Nov. 8, 1815. Chief Justice John Marshall will be joining President James Madison for a discussion of the organization and operation of the Supreme Court and how, in 1815, it has changed since its initial formation with the Judiciary Act of 1789. Reservations are recommended and tickets are \$15 per person and \$10 for high school/college students. Visit [www.shop.alexandriava.gov](http://www.shop.alexandriava.gov) or call 703-746-4242 for more.

**Capitol Steps Benefit.** 5 p.m. at U.S. PTO Madison Auditorium, 600 Dulany St. The Capitol Steps Benefit is a performance featuring satire based on headlines. Tickets are \$80. Visit [www.ucmagency.org](http://www.ucmagency.org) for more.

**Pianist George Winston.** 7:30 p.m. at The Birchmere, 3701 Mount Vernon Ave. This concert by solo pianist George Winston will be accompanied by a food drive benefitting Carpenter's Shelter.

Tickets are \$39.50. Visit [www.birchmere.com](http://www.birchmere.com) for more.

## MONDAY/NOV. 9

**Champagne, Clothes, & Cupcakes.** 6-7:30 p.m. at Sara Campbell, 320 Prince St. The Alexandria Chamber Professional Women's Network presents an evening of champagne, cupcakes, and style tips. Admission is \$35 for members, \$45 for nonmembers. Visit [www.alexchamber.com](http://www.alexchamber.com).

**Dance Class: The Art of Ballroom Dance.** 7-7:45 p.m. class and 7:45-8:30 p.m. dancing at The Athenaeum, 201 Prince St. Ballroom dance professional Gary Stephens teaches the Fox Trot, Waltz, Tango, Swing, Salsa, Meringue, Rumba, Cha-Cha, and Samba. Tickets are \$15. Contact [garystephans@me.com](mailto:garystephans@me.com).

## TUESDAY/NOV. 10

**Armchair Travels with Conne.** 10 a.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. "World Traveler" Conne Rubenstein takes guests on a virtual tour of Sardinia and Sicily. She will also share two short videos of the "Baltimore Sailabration" and "Chihuly Glass at the Richmond Museum." Free. Call 703-765-4573.

## WEDNESDAY/NOV. 11

**Fall Craft for Kids.** 10:30 a.m.-12:30 p.m. at Mount Vernon Presbyterian Church, 2001 Sherwood Hall Lane. Children and parents will create a fall craft together at the MOMS Club of Alexandria South monthly meeting. All ages of children are welcome at the meeting. To honor Veterans Day, household items will be collected for

the USO to help military families. MOMS Club of Alexandria South serves at-home parents as well as parents who work part-time or have home-based businesses and who reside in zip codes 22303, 22306 and 22307. Free. Email [Southalexmomms@yahoo.com](mailto:Southalexmomms@yahoo.com).

**"I am Bound for Freedom's Light."** 11 a.m. at The Alexandria Black History Museum, 902 Wythe St. Historian CR Gibbs presents "I am Bound for Freedom's Light: The Story of the U.S. Colored Troops in the Civil War." Free. Call 703-746-4356.

**Toys for Tots Fundraiser.** 4-7 p.m. at Murphy's Grand Irish Pub, 713 King St. The public is invited for live music, raffles, and door prizes. Attendees are asked to bring a new, unwrapped toy or a donation. Contact Gabi Crousilac at [gabi\\_gabs03@yahoo.com](mailto:gabi_gabs03@yahoo.com) or 504-236-4485.

**"Candlelight and Silence."** 7-9:30 p.m. at St. Aidan's Episcopal Church, 8531 Riverside Road. St. Aidan's Episcopal Church invites the public to light a candle, walk the labyrinth, or simply spend time in silence. Free. Call 703-360-4220 for more.

## THURSDAY/NOV. 12

**Volunteer Awards Celebration.** 6 p.m. at U.S. Patent and Trademark Office, 600 Dulany St. The 21st annual Volunteers are the Heart of Alexandria celebration will honor Gene Steuerle, for The Marian Van Landingham Lifetime Achievement Award; and Isabella Lovain, for The Youth Volunteer Service Award. Tickets are \$20. Visit [www.volunteeralexandria.org](http://www.volunteeralexandria.org)

**Sass Brown Book Launch Party.** 6-9 p.m. at Torpedo Factory Art Center, 105 N. Union St. "USA-1000" author

Sass Brown and "USA-1000" cover designer and sculptor Lisa Schumaier have teamed up for a book launch party in Studio #16. The event includes a brief reading, book signing, open art studios, and refreshments. Free. Visit [www.torpedofactory.org](http://www.torpedofactory.org).

**Second Thursday Live: Russkie Musikante.** 7 p.m. at The Athenaeum, 201 Prince St. Russkie Musikante is an ensemble of the Washington Balalaika Society. They perform on authentic Russian folk instruments. Tickets are \$15. Visit [www.nvfaa.org](http://www.nvfaa.org) for more.

**The United States Air Force Band-Chamber Players Series.** 7:30 p.m. at The Lyceum, 201 S. Washington St. Members of the Airmen of Note, led by Technical Sgt. Grant Langford perform "Music for Jazz Combo." Free. Visit [www.usafband.af.mil](http://www.usafband.af.mil).

## THURSDAY-FRIDAY/NOV. 12-13

**Colin Hay.** 7:30 p.m. at The Birchmere Music Hall, 3701 Mount Vernon Ave. Former Men at Work band member Colin Hay will celebrate his new album "Next Year People" with a stop on his tour. Tickets are \$39.50. Visit [www.birchmere.com](http://www.birchmere.com).

## THURSDAY-SUNDAY/NOV. 12-15

**Fall Book Sale.** 4-8:30 p.m. members preview on Thursday; 10 a.m.-5:30 p.m. on Friday; 10 a.m.-4:30 p.m. on Saturday; 1-4:30 p.m. on Sunday at Beatley Central Library, 5005 Duke St. All books are \$3 or less, unless specially marked. Books will be discounted further on Sunday. Call 703-746-1702 for more.

## FRIDAY/NOV. 13

**NOVA Orchestra Concert.** 8-10 p.m. at Rachel M. Schlesinger Concert Hall & Arts Center, 4915 E. Campus Drive. Program highlights will include "Afro-American" Symphony No. 1 by William Grant Still, The Testament of Freedom by Randall Thompson and The Battle Hymn of the Republic by Julia Ward Howe. Tickets are \$20. Call 703-569-0973.

## FRIDAY-SATURDAY/NOV. 13-14

**"The 39 Steps."** 7:30 p.m. at St. Stephen's & St. Agnes School-Chapel/Performing Arts Center, 1000 St. Stephen's Road. St. Stephen's & St. Agnes School will present a comedic version of "The 39 Steps," adapted from the 1915 novel by John Buchan and the 1935 film thriller by Alfred Hitchcock. Tickets are \$5. Visit [www.sssas.org/arts](http://www.sssas.org/arts).

## SATURDAY/NOV. 14

**Straight from the HeART Craft Fair.** 9 a.m.-3 p.m. at First Christian Church, 2723 King St. The Craft Fair will feature local artists and craft makers, and accompany a pancake breakfast. Donations accepted, but free to attend. Visit [www.fccalexandria.com](http://www.fccalexandria.com) for more.

**Vendor Village Holiday Shopping Extravaganza.** 10 a.m.-2 p.m. at Edison High School, 5801 Franconia Road. The event will feature more than 40 direct sales vendors to include Avon, Scentsy, Tastefully Simple, Tupperware, Thirty-One, Dogs in Style, and Mary Kay. Free. Visit [www.alexandriajayceesfoundation.org](http://www.alexandriajayceesfoundation.org).



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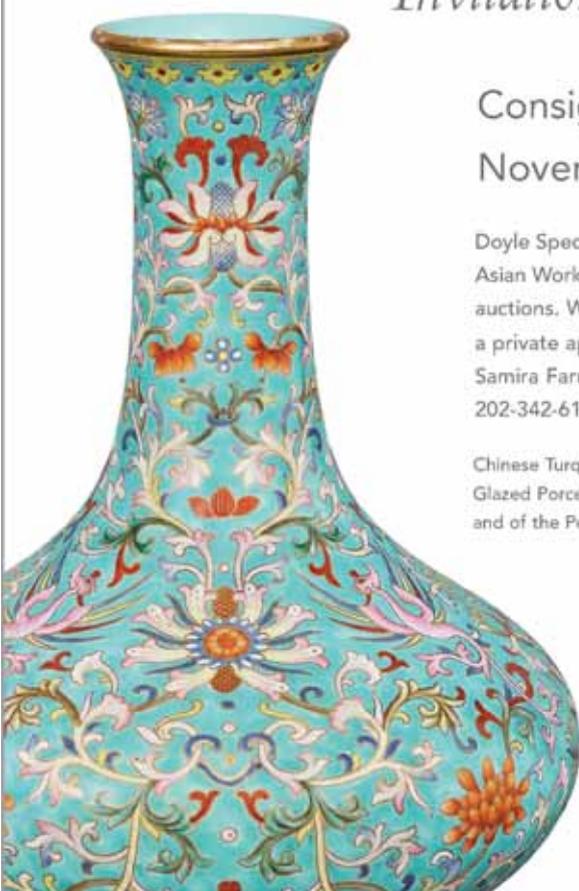
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## ENTERTAINMENT

# Three Spots for a Cozy Sunday Brunch

As autumn takes hold and the air gets chillier, warm up with these hearty brunch options.

By HOPE NELSON  
THE GAZETTE

By now, it's no secret: Alexandrians love a good Sunday brunch. Whether it's eggs Benedict, French toast, a hearty sandwich, or a good mimosa, a quick look around proves beyond a shadow of a doubt that brunch is a popular activity citywide. Here are three spots to add to your list of tried-and-trues.

### Shooter McGee's, 5239 Duke St.

Shooter McGee's opens at 10 a.m. on Sundays for brunch, and by 10:15 the parking lot in front of the restaurant is filling up nicely.

**APPETITE** This is, of course, an excellent harbinger of things to come. At that early hour, the bar area is gaining popularity with football fans staking a claim to the afternoon games, and the dining room is well-attended with diners wanting to break their fast.

The restaurant is a sibling to Ramparts and TJ Stone's, but it has a personality all its own. The ambience is cozy and laid-back; the service is friendly and cheerful; and the food is a delight. For a hearty entrée, give the breakfast burrito a try: A tortilla filled with scrambled eggs, cheese, onion, ham, and Andouille sausage, it's sure to give you the strength you need to carry you through till dinner. You also can't go wrong with the fried egg sandwich, an open-faced number on an English muffin that's much heartier than it seems on the menu.

To wet your whistle, look no further than



(above) The open-faced fried-egg sandwich, and (left) the breakfast burrito at Shooter McGee's Sunday brunch.



The parking lot fills up quickly at Shooter McGee's on Sunday mornings, a sign of good things to come.

the bloody Mary bar, stocked with hot sauces and pickled vegetables galore. Add some Old Bay and you're in for a treat.

### Chadwicks, 203 Strand St.

I'm sorry to disappoint, but the secret's

out on Chadwicks. If you come much later than opening time (which on the weekends is 10 a.m.), you'll likely encounter a bit of a wait. But the food and ambience are worth it.

This is another spot where the bar is hopping shortly after the doors open, with a mix of football fans and folks eager to get started on brunch eschewing a dining-room table in exchange for faster food. And that food lineup is certainly diverse: Diners who prefer the lunch side of brunch will be perfectly at ease with Chadwicks' weekend menu. Burgers (beef, turkey, or veggie), salads, sandwiches, and even pastas are in ample supply, quite at home alongside the brunch favorites.

If you're looking for lunch, consider one of Chadwicks' crab cake sandwiches or the restaurant's bangers and mash. For a meal

more along the breakfast lines, you can't go wrong with huevos rancheros or eggs Idaho. Paired with one of Chadwicks' popular mimosas, it's a meal fit for a Sunday morning.

### Taqueria el Poblano, 2400 Mount Vernon Ave.

A Del Ray mainstay for years, Taqueria el Poblano offers one of the best brunches in town hands-down. Its Sunday brunch is always a festive affair offering something for everyone — and if you can eat outside on a mild day, so much the better.

Order a tequila sunrise — or, fine, a margarita — while you peruse the menu, and be sure not to miss the Specials board in the entryway. It often boasts some of the best options each week. If you see the words "Huevos Divorciados," order it without delay. This dish, whose name translates to "divorced eggs," is akin to huevos rancheros, but in this version the fried eggs are separated from one another by rice and beans and given different toppings — a red sauce for one, a green sauce for the other.

Another entrée that's sure to become a favorite is the Poblano's omelet, an omelet boasting Mexican cheese and topped with a poblano chili sauce and pico de gallo. For the ultimate in decadence, finish the meal with some Mexican rice pudding.

Hope Nelson owns and operates the Kitchen Recessionista blog, [www.kitchenrecessionista.com](http://www.kitchenrecessionista.com). Email her at [hope@kitchenrecessionista.com](mailto:hope@kitchenrecessionista.com).

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**ALEXANDRIA COUNTRY DAY SCHOOL**



**Daiimon Cleveland and the West Potomac football team will host Mount Vernon on Friday.**

**The Mount Vernon football team is looking for its first Conference 7 victory of the season.**

PHOTO BY RICHARD MAPLE

PHOTO BY CRAIG STERBUTZEL/THE GAZETTE

## WP Football Falls to South County

The West Potomac football team will host rival Mount Vernon at 7 p.m. on Friday, Nov. 6. For the Wolverines, Friday's game is about trying to secure a home game in the first round of the 6A North region playoffs. For the Majors, it's about pride.

West Potomac enters the game with a 6-3 record, including 3-3 in Conference 7, af-

ter losing to South County 53-20 last week. The Wolverines are No. 8 in the latest VHSL 6A North region power rankings. The top 16 teams make the playoffs, and the top eight host in the first round.

West Potomac's three losses have come against teams currently ranked No. 1 (South County), 2 (Lake Braddock) and 10 (West Springfield) in the region.

Mount Vernon is 2-7, winless in the conference and ranked outside of the region's top 20. The Majors were outscored by their last three opponents, South County, Woodson and Lake Braddock, 167-6.

West Potomac and Mount Vernon last played in 2012. The Wolverines have won six straight against the Majors. Mount Vernon last beat West Potomac in 2006.

### BULLETIN BOARD

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

#### CITRUS SALE

**Deadline for Orders.** The Mount Vernon Evening Lions Club will be taking orders for oranges and grapefruit. Order deadline is Friday, Dec. 11; delivery on Dec. 19. Call Andrea Corsillo 703-960-4973.

#### THURSDAY/NOV. 5

**"Public Relations & Public Speaking."** 8:30-10 a.m. at Holiday Inn Express, 6055 Richmond Highway. During this session of the 2015 Business Roundtable Speaker Series, guests will hear from marketing expert, Cherie Lejeune, and communications specialist, Ann Timmons. These expert speakers will teach you best practices, share resources, and answer your business questions. Free, but registration is required. Visit [www.sfdc.org](http://www.sfdc.org) for more.

#### SATURDAY/NOV. 7

**Clean Jeff Todd Way.** 9 a.m. departure from Roy Rogers Restaurant, 8860 Richmond Highway.

### SCHOOL NOTES

Email announcements to [gazette@connectionnewspapers.com](mailto:gazette@connectionnewspapers.com). Deadline is Thursday at noon. Photos are welcome.

**Betelehem Sebhatu** has graduated from Dav-  
enport University (Grand Rapids, Mich.).

**Ryan Land** has been named to the provost's list at Troy University (Troy, Ala.) for Term 1 of the 2015-2016 academic year.

**Kevin Mann** of West Potomac High School has been named to the 2015 Virginia Honors Choir. Mann will join 125 students, selected from 40

Mount Vernon-Lee Chamber of Commerce is seeking volunteers to help clean Jeff Todd Way. Call 703-360-6925 for more.

#### MONDAY/NOV. 9

**"Little Known Secrets of Paying for College."** 6:30 p.m. at Mount Vernon High School, 8515 Old Mount Vernon Road. This workshop will teach parents about financial aid strategies, sources for scholarships, and more. Free. Visit [www.thecollegefundingcoach.org](http://www.thecollegefundingcoach.org) for more.

#### TUESDAY/NOV. 10

**Chamber of Commerce Membership Open House.** 8-9 p.m. at The Mount Vernon-Lee Chamber of Commerce Office, 6821 Richmond Highway. Local businesses are invited to learn more about the benefits of chamber membership. Visit [www.mtvernon-leechamber.org](http://www.mtvernon-leechamber.org) for more.

#### WEDNESDAY/NOV. 11

**School Open House.** 9-11 a.m. at Burgundy Farm Country Day School, 3700 Burgundy Road. School serves pre-kindergarten to 8th grade. Childcare available. Call 703-329-6968 to RSVP or schedule a personal tour. Visit [www.burgundyfarm.org](http://www.burgundyfarm.org) for more.

schools in Virginia, at the Virginia Music Educators Association convention in Norfolk on Nov. 21.

The Clemson University (Clemson, S.C.) Young Alumni Council has recognized **Captain Joseph Branch III** as one of the 2015 "Roaring 10," a recognition for young alumni who have made an impact in business, leadership, community, educational and/or philanthropic endeavors.

**Matthew McLaughlin**, the son of Daniel J. McLaughlin and Debra A. Sandler, is serving as a residence coordinator for the 2015-16 academic year at Bates College (Lewiston, Maine).

#### Grist Mill Park Ribbon-Cutting Ceremony.

10 a.m. at 4710 Mount Vernon Memorial Highway. Grist Mill's athletic field #5 was renamed in 2012 to honor Lt. Col. Smith (Retired), who while working as a civilian employee of the Army was killed when American Airlines Flight 77 struck the Pentagon on 9/11. The new synthetic field was a gift from his wife, Ann. Call 703-324-8662.

#### THURSDAY/NOV. 12

**Chamber of Commerce November Business Breakfast.** 8-9:30 a.m. at Belle Haven Country Club, 6023 Fort Hunt Road. Springfield Town Center marketing director Kimberly Baldy will give an overview of holiday events and programs. Admission is \$25. Visit [www.mtvernon-leechamber.org](http://www.mtvernon-leechamber.org).

#### SATURDAY/NOV. 14

**Goodwill Grand Opening.** At 6220 Richmond Highway. As part of Goodwill of Greater Washington's regional expansion, the nonprofit social enterprise will be opening up its 16th retail store and donation center. Visit [www.dgoodwill.org](http://www.dgoodwill.org).

**Office Hours.** Fairfax County School Board Member Dan Storck will host Saturday office hours. Members of the community are invited to stop by to ask questions or to discuss concerns, no appointment necessary. Contact Dan Storck at [Dan.Storck@fcps.edu](mailto:Dan.Storck@fcps.edu) or his assistant Mary Ellen Hook at [mehook@fcps.edu](mailto:mehook@fcps.edu)

♦ 10 a.m.-12 p.m. at Lorton Library, 9520 Richmond Highway, Lorton, in the Conference Room.

♦ 12:30-2:20 p.m. at the Sherwood Regional Library, 2501 Sherwood Hall Lane, Alexandria, in Conference Room 3.

#### MONDAY/NOV. 16

**Medicare Open Enrollment Scams Program.** 1 p.m. at Hollin Hall Senior Center, 1500 Shenandoah Road. Virginia Senior Medicare Program will present a program to alert the public to current Medicare scams related to genetic testing and Open Enrollment. Free. Call 703-765-4573.

## EMPLOYMENT

### HEAVY EQUIPMENT OPERATORS:

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### Administrative Assistant

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**21 Announcements**

**ABC LICENSE**  
District Taco, LLC trading as District Taco, 701 S. Washington St., Alexandria, VA 22314. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL(ABC) for a Wine and Beer on premises license to sell or manufacture alcoholic beverages. Chris Medhurst, Owner  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**21 Announcements**

**ABC LICENSE**  
Osteria Marzano, LLC trading as Osteria Marzano, 6361 Walker Ln, Ste 140, Alexandria, VA 22310. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on and off Premises license to sell or manufacture alcoholic beverages. Elena Pouchelon, co-owner.  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**21 Announcements**

**ABC LICENSE**  
Yates Table Talk Restaurant, LLC trading as Yates Table Talk Restaurant, 1623 Duke St, Alexandria, VA 22314. The above establishment is applying to the VIRGINIA DEPARTMENT OF ALCOHOLIC BEVERAGE CONTROL (ABC) for a Wine and Beer on Premises, Mixed Beverages on Premises license to sell or manufacture alcoholic beverages. Jeffrey Yates, member  
NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

**21 Announcements**

**LEGAL NOTICE**  
Pursuant to the provision of section 4-1-16 of the code of the City of Alexandria, the Alexandria Police Department located at 3600 Wheeler Avenue, Alexandria, VA 22304 is now in possession of unclaimed bicycles, mopeds, lawn equipment, money, scooters, and other items. All persons having valid claim to the property should file a claim to the property with reasonable proof of ownership or the items will be sold, destroyed, converted or donated. For a complete listing go to <http://alexandriava.gov/police/> and contact the Police Property Section at (703) 746-6709.

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**21 Announcements**      **21 Announcements**

**LEGAL NOTICE**  
Notice is hereby given to members of the NY, nonprofit, American Society of Clinical Oncology, Inc., that eligible ASCO members may vote by proxy ballot from Nov. 3 to Dec. 3, 2015 to elect the President-Elect, four seats on the Board of Directors, and three seats on the Nominating Committee for service beginning on June 6, 2016. Eligible ASCO members may also vote on a proposed ASCO Bylaws amendment by proxy ballot from Nov. 3 to Dec. 3, 2015. Information about proxy ballots is available at [www.asco.org/election](http://www.asco.org/election). Completed proxy ballots will be delivered to the ASCO President or her designee for casting at a meeting to be held on Dec. 8, 2015, 9:30 AM - 10:00 AM at ASCO Headquarters, 2318 Mill Road, Suite 800, Alexandria, VA 22314. Members with questions can email [ascoelection@asco.org](mailto:ascoelection@asco.org) or call 571-483-1316.

**21 Announcements**      **21 Announcements**

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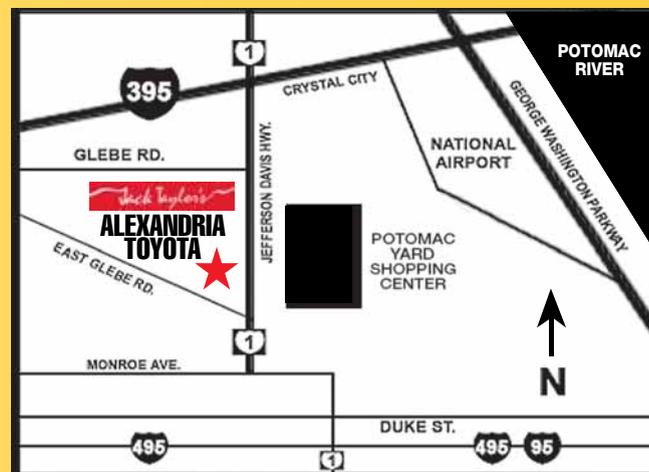
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